

## SCOTTISH POWERLIFTING MASTERS CHAMPIONSHIP ARDLER CENTRE, DUNDEE 15<sup>th</sup> NOVEMBER 2015

Women	Club			Class	BW	Squat			Bench Press			Sub	Deadlift			Total	Wilks	Pos.
CATRIONA DUNCAN	GYM 300	UE	M1	57	54.6	75.0	<del>80.0</del>	<del>85.0</del>	50.0	<del>55.0</del>	<del>55.0</del>	125.0	100.0	110.0	115.0	240.0	288.04	1
ANNELI RITARI-STEWART	JOPPA GYM	UE	M1	63	61.6	80.0	85.0	90.0	45.0	50.0	52.5	142.5	107.5	117.5	<del>120.0</del>	260.0	284.05	1
JACKIE DAY	GLASGOW PLC	UE	M1	63	61.3	70.0	77.5	<del>85.0</del>	42.5	45.0	<del>47.5</del>	122.5	90.0	97.5	100.0	222.5	243.99	2
MELISSA WALL	THE FORGE	UE	M1	72	66.7	70.0	75.0	80.0	45.0	<del>47.5</del>	<del>47.5</del>	125.0	125.0	135.0		260.0	267.65	1
LYNDA BANKS	THE FORGE	UE	M2	72	67.1	95.0	100.0	106.0	55.0	60.0	<del>62.5</del>	166.0	127.5	135.0	142.5	308.5	316.21	1
CATHY MACASLAN	SGSSA	UE	M3	72	65.8	50.0	52.5	55.0	30.0	32.5	<del>35.0</del>	87.5	82.5	90.0	100.0	187.5	194.94	1
STEPH ELLIOTT	GYM 300	UE	M1	84+	94.3	90.0	95.0	100.0	40.0	42.5	45.0	145.0	115.0	120.0	125.0	270.0	229.13	1
ANNA RENNIE	HAWICK WTC	UE	M1	84+	93.0	<del>55.0</del>	<del>55.0</del>	55.0	<del>45.0</del>	45.0	<del>47.5</del>	100.0	120.0	<del>125.0</del>	<del>125.0</del>	220.0	187.65	2
LEIGH SAMSON	GUEST	UE	S	84+	103.0	<del>120.0</del>	<del>120.0</del>	<del>120.0</del>	65.0	67.5	72.5		130.0	135.0	142.5			
MICHELLE BRAND	GLASGOW PLC	EQ	M1	84+	87.0	152.5	162.5	167.5	100.0	<del>110.0</del>	<del>110.0</del>	267.5	140.0	<del>150.0</del>		407.5	357.34	1
GERALDINE FITZSIMMONS	GLASGOW EAGLES	EQ	M1	84+	93.4	<del>90.0</del>	<del>90.0</del>	<del>95.0</del>	45.0	<del>47.5</del>	50.0		120.0	125.0	140.0			
Men	Club			Class	BW	Squat			Bench Press			Sub	Deadlift			Total	Wilks	Pos.
WAYNE REID	UNATTACHED	UE	M1	74	73.6	155.0	165.0	167.5	105.0	110.0	<del>115.0</del>	277.5	190.0	205.0	215.0	492.5	355.63	1
SHAUN CLARKIN	UNATTACHED	UE	M2	74	70.8	125.0	135.0	140.0	85.0	<del>95.0</del>	<del>95.0</del>	225.0	160.0	<del>180.0</del>	<del>180.0</del>	385.0	286.04	1
DAVID LITCHFIELD	UNATTACHED	UE	M1	83	82.4	110.0	<del>120.0</del>	120.0	<del>120.0</del>	<del>120.0</del>	120.0	240.0	120.0	140.0	190.0	430.0	288.27	1
JIM WANDS	UNATTACHED	UE	M1	83	81.4	120.0	130.0	<del>140.0</del>	100.0	107.5	<del>112.5</del>	237.5	170.0	180.0	190.0	427.5	288.72	2
CHRISTIAN RILEY	UNATTACHED	UE	M1	83	79.6	115.0	120.0	125.0	<del>80.0</del>	<del>80.0</del>	<del>80.0</del>							
JIM TAYLOR	UNATTACHED	UE	M2	83	83.0	110.0	<del>120.0</del>	<del>120.0</del>	100.0	<del>110.0</del>	<del>110.0</del>	210.0	120.0	140.0	<del>170.0</del>	350.0	233.62	1
WILLIAM BORTHWICK	HAWICK WTC	UE	M4	83	82.0	80.0	90.0	<del>100.0</del>	80.0	85.0	<del>90.0</del>	175.0	130.0	<del>140.0</del>	140.0	315.0	211.79	1
GREG STEWART	JOPPA GYM	UE	M1	93	85.2	140.0	150.0	<del>160.0</del>	115.0	117.5	120.0	270.0	167.5	177.5	185.0	455.0	299.15	2
DUNCAN MACKAY	STORNOWAY	UE	M1	93	91.4	160.0	175.0	<del>180.0</del>	100.0	105.0	<del>110.0</del>	280.0	220.0	230.0	<del>240.0</del>	510.0	323.08	1
PHIL BURGE	RGU	UE	M3	93	86.4	100.0	110.0	120.0	95.0	100.0	105.0	225.0	175.0	195.0	200.0	425.0	277.25	1
STEPHEN O'DONNELL	HAMILTON	UE	M1	105	102.0	200.0	215.0	<del>220.0</del>	135.0	140.0	<del>145.0</del>	355.0	270.0	<del>280.0</del>		625.0	377.45	1
JOHN MAXWELL	HAMILTON	EQ	M2	66	63.8	200.0	210.0	216.0	130.0	135.0	137.5	353.5	205.0	215.0	<del>220.0</del>	568.5	459.25	1
BERNIE McGURK	UNATTACHED	EQ	M1	74	73.6	225.0	<del>235.0</del>	<del>243.0</del>	142.5	147.5	150.0	375.0	260.0	<del>285.5</del>	<del>285.5</del>	635.0	458.53	1
JIM MUTRIE	GLASGOW PLC	EQ	M2	93	92.2	<del>185.0</del>	185.0	200.0	140.0	145.0	<del>150.0</del>	345.0	190.0	200.0	<del>205.0</del>	545.0	343.78	1
BRIAN BAKER	GLASGOW PLC	EQ	M3	93	91.4	132.5	137.5	142.5	70.0	77.5	80.0	222.5	170.0	180.0	190.5	413.0	261.63	1
STUART CRICHTON	GREENOCK BARBELL	EQ	M1	105	104.4	275.0	290.0	300.0	<del>205.0</del>	205.0	210.0	510.0	<del>265.0</del>	265.0	<del>280.0</del>	775.0	464.04	1
PHIL SALTER	GUEST	EQ	S	105	100.8	<del>250.0</del>	<del>250.0</del>	<del>250.0</del>	155.0	160.0	<del>165.0</del>		245.0	262.5	<del>267.5</del>			
British Masters Record		Open Record			Masters Record				Best Lifter									

### REFEREES

STEVE McQUADE  
 ALI DONALDSON  
 APPLE DOEPNER  
 GARY PORTER  
 ROWAN HENDRY HORNE