

SCOTTISH POWERLIFTING SENIORS CHAMPIONSHIP

ARDLER CENTRE DUNDEE

22nd AUGUST 2015

| Women | Club | Age | wt. class | BW | Squat | | | Bench Press | | | Sub | Deadlift | | | Total | Wilks | Pos | |
|-----------------------|--------------------|--------------------|-----------|----------------------|-------|------------------|-----------------------|------------------|------------------|--------------------|------------------|----------|-------|------------------|------------------|-------|--------|---|
| HANNAH BEAVEN | ORKNEY | U | S | 47.0 | 44.4 | 90.0 | 97.5 | 100.0 | 47.5 | 50.0 | 50.0 | 150.0 | 112.5 | 120.0 | 127.5 | 277.5 | 388.37 | 1 |
| ELIZABETH HILL | UNATTACHED | U | M1 | 52.0 | 50.6 | 80.0 | 85.0 | 87.5 | 42.5 | 45.0 | 47.5 | 135.0 | 97.5 | 102.5 | 107.5 | 242.5 | 308.71 | 1 |
| KATIE COOKE | UNATTACHED | U | MI | 52.0 | 51.8 | | | | 60.0 | 65.0 | 65.0 | | | | | | | |
| LOUISE MURRAY | UNATTACHED | U | S | 63.0 | 59.7 | 135.0 | 145.0 | 153.0 | 80.0 | 87.5 | 87.5 | 240.5 | 135.0 | 145.0 | 160.5 | 385.5 | 431.46 | 1 |
| KATHERINE KEDDIE | ROBERT GORDON UNI | U | U23 | 63.0 | 62.4 | 92.5 | 97.5 | 100.0 | 52.5 | 57.5 | 60.0 | 155.0 | 117.5 | 125.0 | 132.5 | 287.5 | 311.01 | 2 |
| ALISON HORNE | FORGE GYM | U | U18 | 63.0 | 57.9 | 85.0 | 90.0 | 95.0 | 50.0 | 55.0 | 57.5 | 147.5 | 120.0 | 125.0 | 132.5 | 272.5 | 312.35 | 3 |
| ROWAN HENDRY-HORNE | STRONG FOR LIFE | U | S | 72.0 | 63.2 | 122.5 | 127.5 | 132.5 | 72.5 | 75.0 | 75.0 | 205.0 | 122.5 | 127.5 | 135.0 | 340.0 | 364.27 | 1 |
| MARTHA GATES | FORGE GYM | U | S | 72.0 | 69.9 | 107.5 | 112.5 | 117.5 | 55.0 | 57.5 | 60.0 | 175.0 | 155.0 | 162.5 | 165.0 | 337.5 | 336.09 | 2 |
| SOPHIE BARRINGER | ROBERT GORDON UNI | U | U23 | 72.0 | 70.6 | 97.5 | 105.0 | 110.0 | 42.5 | 47.5 | 50.0 | 157.5 | 140.0 | 150.0 | 157.5 | 315.0 | 311.55 | 3 |
| JO PICKWORTH | UNATTACHED | U | M1 | 72.0 | 71.4 | 75.0 | 85.0 | 95.0 | 50.0 | 55.0 | 57.5 | 152.5 | 110.0 | 120.0 | 130.0 | 282.5 | 277.28 | 4 |
| ELIZABETH BROWN | GLASGOW FITNESS | U | S | 84+ | 90.0 | 100.0 | 105.0 | 112.5 | 65.0 | 70.0 | 75.0 | 182.5 | 140.0 | 147.5 | 150.0 | 330.0 | 285.14 | 1 |
| KARYN McINTOSH | GLASGOW PLC | U | S | 84+ | 128.5 | 95.0 | 110.0 | 110.0 | 52.5 | 57.5 | 60.0 | 152.5 | 115.0 | 122.5 | 122.5 | 275.0 | 217.25 | 2 |
| Men | Club | Age | wt. class | BW | Squat | | | Bench Press | | | Sub | Deadlift | | | Total | Wilks | Pos | |
| JOHN MAXWELL | HAMILTON | E | M1 | 66.0 | 63.9 | 200.0 | 210.0 | 215.0 | 130.0 | 137.5 | 142.5 | 357.5 | 200.0 | 210.0 | 220.0 | 567.5 | 457.83 | 1 |
| LEWIS KANE | GREENOCK BARBELL | U | U23 | 74.0 | 73.2 | 165.0 | 172.5 | | 100.0 | 110.0 | 115.0 | 287.5 | 195.0 | 205.0 | 210.0 | 497.5 | 360.65 | 1 |
| GARY DOOGAN | ELITE | U | S | 74.0 | 73.1 | 160.0 | 170.0 | 170.0 | 100.0 | 107.5 | 112.5 | 282.5 | 190.0 | 202.5 | 202.5 | 472.5 | 342.86 | 2 |
| WILLIAM MURRAY | UNATTACHED | E | S | 74.0 | 72.5 | 230.0 | 235.0 | | 152.5 | 160.0 | 162.5 | 397.5 | 205.0 | 215.0 | 222.5 | 612.5 | 447.12 | 1 |
| DANIEL MACURA | PUREGYM | U | S | 83.0 | 82.6 | 215.0 | 230.0 | 245.0 | 145.0 | 155.0 | 155.0 | 375.0 | 250.0 | 265.0 | 265.0 | 640.0 | 428.43 | 1 |
| JAMIE DYER | UNATTACHED | U | S | 83.0 | 82.3 | 170.0 | 182.5 | 190.0 | 110.0 | 120.0 | 125.0 | 307.5 | 210.0 | 220.0 | 230.0 | 537.5 | 360.60 | 2 |
| CALUM KEENAN | UNATTACHED | U | S | 93.0 | 91.4 | 210.0 | 217.5 | 225.0 | 137.5 | 147.5 | 147.5 | | | | | | | |
| ROBERT LOVE | KILMAROCK | E | S | 93.0 | 92.1 | 307.5 | 320.0 | 325.0 | 185.0 | 195.0 | 200.0 | 520.0 | 265.0 | 280.0 | 285.0 | 805.0 | 508.06 | 1 |
| STEWART OGG | CITY OF GLASGOW | E | S | 93.0 | 92.4 | 280.0 | 300.0 | 310.0 | 177.5 | 185.0 | 187.5 | 497.5 | 275.0 | 297.5 | 310.0 | 795.0 | 500.96 | 2 |
| STEPHEN O'DONNELL | HAMILTON | U | M1 | 105.0 | 102.7 | 200.0 | 215.0 | 225.0 | 135.0 | 140.0 | 140.0 | 350.0 | 260.0 | 275.0 | 282.5 | 625.0 | 376.48 | 1 |
| DARREN CHAPMAN | ABERDEEN | U | M1 | 105.0 | 95.4 | 180.0 | 195.0 | 200.0 | 150.0 | 157.5 | 160.0 | 357.5 | 250.0 | 265.0 | 277.5 | 622.5 | 386.48 | 2 |
| ARTHUR COWLEY | KILMARNOCK | U | M2 | 105.0 | 101.9 | 215.0 | 227.5 | 235.0 | 142.5 | 147.5 | 150.0 | 375.0 | 247.5 | 260.0 | 260.0 | 622.5 | 376.08 | 3 |
| ROY RITCHIE | WAREHOUSE GYM | U | S | 105.0 | 102.4 | 175.0 | 190.0 | 200.0 | 122.5 | 132.5 | 137.5 | 322.5 | 230.0 | 252.5 | 252.5 | 552.5 | 333.17 | 4 |
| STEVE CUMMING | MASTRICK | E | M2 | 105.0 | 100.6 | 250.0 | 260.0 | 290.0 | 140.0 | 155.0 | 170.0 | 430.0 | 200.0 | 250.0 | 280.0 | 710.0 | 431.07 | 1 |
| WILLIAM RODGERS | GREENOCK BARBELL | U | S | 120.0 | 119.4 | 245.0 | 255.0 | 260.0 | 145.0 | 160.0 | 160.0 | 405.0 | 290.0 | 310.0 | 315.0 | 720.0 | 414.43 | 1 |
| British Record | Open Record | | | | | | | | | | | | | | | | | |
| British Record | | Open Record | | Junior Record | | | Masters Record | | | Best Lifter | | | | | | | | |

REFEREES

AMANDA MULLHOLLAND
STUART CRICHTON
JAMES MUTRIE

ALEX MATHIESON
BRIAN BAKER