

SCOTTISH POWERLIFTING OPEN GLASGOW STRENGTH GYM 21/06/2015

Name	Club	Age		Class	Wt.	Squat			Bench Press			Sub	Deadlift			Total	Wilks	Pos.
Nikki Curley	Glasgow Strength	S	U/E	84.0	81.4	100.0	107.5	115.0	60.0	65.0	-70.0	180.0	-135.0	-135.0	-135.0			
Karyn McIntosh	Glasgow PLC	S	U/E	84+	128.2	95.0	110.0	117.5	50.0	55.0	-60.0	172.5	115.0	120.0	-127.5	292.5	231.16	1
Vivien Duncan	Greenock Barbell	S	U/E	84+	90.4	85.0	-95.0	-95.0	45.0	50.0	-52.5	135.0	110.0	115.0	120.0	255.0	219.94	2
Men																		
Joshua Bywater (Bench)	UNATTACHED	U23	U/E	66.0	64.6				117.5	-122.5	-122.5							
Mark Rosie	UNATTACHED	S	U/E	74.0	73.0	120.0	-130.0	130.0	110.0	120.0	127.5	257.5	195.0	-205.0	205.0	462.5	335.94	1
Paul Mullen	Greenock Barbell	S	U/E	74.0	71.4	97.5	102.5	110.0	77.5	85.0	-90.0	195.0	125.0	135.0	142.5	337.5	249.17	2
James Dugdale	UNATTACHED	S	U/E	83.0	78.8	182.5	195.0	205.0	112.5	117.5	-122.5	322.5	205.0	220.0	-235.0	542.5	373.95	1
Marc Young	UNATTACHED	S	U/E	83.0	82.6	135.0	142.5	150.0	105.0	112.5	117.5	267.5	-175.0	175.0	185.0	452.5	302.91	2
Chris Wong (Guest)	UNATTACHED	S	U/E	83.0	77.8	205.0	220.0	-230.0	130.0	135.0	-137.5	355.0	230.0	255.0	270.0	625.0	434.43	G
John Paton	Glasgow PLC	S	U/E	93.0	92.4	180.0	190.0	195.0	127.5	135.0	140.0	335.0	190.0	200.0	210.0	545.0	343.42	1
Ross Taggart	Greenock Barbell	U18	U/E	93.0	90.6	140.0	150.0	155.0	110.0	117.5	-122.5	272.5	170.0	185.0	-200.0	457.5	291.09	2
Paul McFarlane	Greenock Barbell	M1	U/E	93.0	84.2	127.5	135.0	140.0	110.0	115.0	-117.5	255.0	-185.0	185.0	-192.5	440.0	291.24	3
Scott McFarlane	Greenock Barbell	U23	U/E	93.0	87.6	117.5	125.0	-135.0	80.0	90.0	-95.0	215.0	142.5	150.0	160.0	375.0	242.80	4
Brian Baker	Glasgow PLC	M3	E	93.0	90.6	-130.0	135.0	x	55.0	62.5	70.0	205.0	175.0	x		380.0	241.78	1
Stephen O'Donnell	UNATTACHED	M1	U/E	105.0	104.0	200.0	215.0	-225.0	130.0	137.5	140.0	355.0	265.0	277.5	-280.0	632.5	379.24	1
Kieran McFadyen	Greenock Barbell	U23	U/E	105.0	100.2	140.0	152.5	157.5	107.5	-117.5	120.0	277.5	145.0	170.0	175.0	452.5	275.17	2
James Walpole	UNATTACHED	U18	U/E	105.0	96.8	145.0	155.0	-162.5	-115.0	-115.0	-115.0		180.0	-195.0	-200.0			
Stuart Crichton	Greenock Barbell	M1	E	105.0	104.0	-280.0	-280.0	-280.0	x				x					

Open Record

Junior Record

Masters Record

Best Lifter

REFEREES

Andy Clegg

Jim Mutrie

Louise Murray

William Murray