

SCOTTISH POWERLIFTING ALBA OPEN FORGE GYM, INVERNESS, 27th JUNE 2015

Women		Club	Age	Class	Wt.	Squat			Bench Press			Sub	Deadlift			Total	Wilks	Pos.
HANNAH BEAVEN		UNATTACHED	S	47	44.6	-77.5	80.0	87.5	42.5	-47.5	47.5	135.0	100.0	107.5	115.0	250.0	348.8	1
KATIE CUNNINGHAM		ABERDEEN UNI	S	47	40.6	70.0	75.0	-77.5	35.0	37.5	-40.0	112.5	95.0	105.0	115.0	227.5	336.9	2
MOLLY GRAY		ABERDEEN UNI	U23	57	56.0	90.0	95.0	100.0	52.5	55.0	-57.5	155.0	125.0	135.0	140.0	295.0	347.1	1
ALISON HORNE		FORGE GYM	U18	63	58.2	75.0	80.0	85.0	48.0	52.5	-55.0	137.5	115.0	120.0	-126.0	257.5	294.0	1
EMILY MOWAT		ABERDEEN UNI	U23	63	61.8	65.0	70.0	72.5	35.0	37.5	40.0	112.5	100.0	-105.0	105.0	217.5	237.0	2
MARTHA GATES		FORGE GYM	S	72	70.8	105.0	110.0	115.0	52.5	57.5	-62.5	172.5	140.0	150.0	161.0	333.5	329.2	1
LYNDA BANKS		FORGE GYM	M2	72	64.2	92.5	97.5	-100.0	52.5	55.0	57.5	155.0	130.0	135.0	140.0	295.0	312.4	2
JOANNA PICKWORTH		UNATTACHED	M1	72	70.4	70.0	80.0	90.0	50.0	52.5	55.0	145.0	100.0	110.0	120.0	265.0	262.6	3
YANDRA BANKS BROWN		FORGE GYM	U20	72	66.0	85.0	90.0	-95.0	45.0	-50.0	-50.0	135.0	105.0	107.5	110.0	245.0	254.2	4
MELISSA WALL		FORGE GYM	M1	72	66.4	70.0	75.0	-80.0	37.5	40.0	-42.5	115.0	-125.0	125.0	-127.5	240.0	247.9	5
Men			Age	Class	Wt.	Squat			Bench Press			Sub	Deadlift			Total	Wilks	Pos.
MICHAEL FERGUSON		unattached	S	66	65.9	150.0	165.0	180.5	102.5	110.0	112.5	293.0	205.0	220.5	227.5	520.5	409.2	1
HAMISH ELLIOTT		unattached	S	66	64.8	-140.0	140.0	-152.5	97.5	-100.0	100.0	240.0	170.0	182.5	-187.5	422.5	336.8	2
CALUM CARUTHERS		unattached	S	66	64.7	135.0	145.0	150.0	80.0	-85.0	-85.0	230.0	185.0	-205.0	-205.0	415.0	331.3	3
BOB PARFITT		SPARTAN	M2	74	74.0	165.0	175.0	185.0	100.0	107.5	112.5	297.5	210.0	220.0	-	517.5	372.2	1
MATHEW LAIRD		unattached	U23	74	72.8	160.0	170.0	-175.0	115.0	120.0	-125.0	290.0	180.0	200.0	-202.5	490.0	356.6	2
KEVIN WOOLDRAGE		unattached	M1	74	72.6	165.0	-172.5	-172.5	100.0	105.0	110.0	275.0	195.0	202.5	-205.0	477.5	348.2	3
CLIVE MARAMBWA		ABERDEEN UNI	U23	83	80.2	150.0	165.0	170.0	107.5	-115.0	-115.0	277.5	210.0	227.5	235.0	512.5	349.3	1
CHRISTOPHER WEBER		ABERDEEN UNI	U23	83	80.8	150.0	160.0	170.0	-95.0	100.0	-112.5	270.0	180.0	195.0	-210.0	465.0	315.5	2
WILL SCHUNEMAN		ROBERT GORDON	J	83	82.1	145.0	152.5	-160.0	92.5	97.5	102.5	255.0	165.0	172.5	182.5	437.5	293.9	3
SEBASTIAN JEDICKE		ABERDEEN UNI	U23	93	91.2	140.0	170.0	190.0	100.0	130.0	-	320.0	240.0	-260.5	261.0	581.0	368.5	1
PAUL BUCHAN		BROCH	S	93	90.3	170.0	182.5	187.5	120.0	130.0	-132.5	317.5	-227.5	227.5	-242.5	545.0	347.3	2
ALAN TAYLOR		WAREHOUSE	S	93	91.5	-152.5	152.5	167.5	102.5	112.5	-117.5	280.0	177.5	200.0	207.5	487.5	308.7	3
CALUM KNOWLES		ABERDEEN UNI	U20	93	87.6	152.5	160.0	-170.0	90.0	95.0	100.0	260.0	170.0	180.0	190.0	450.0	291.4	4
MARK PATERSON		WAREHOUSE	S	93	88.0	120.0	130.0	142.5	90.0	-95.0	-95.0	232.5	175.0	185.0	190.0	422.5	272.9	5
SHAUN BEATTIE		unattached	S	93	91.0	122.5	132.5	140.0	-92.5	92.5	-97.5	232.5	157.5	165.0	175.0	407.5	258.7	6
ROY RITCHIE		WAREHOUSE	S	105	98.5	165.0	180.0	190.0	120.0	132.5	-140.0	322.5	220.0	247.5	260.0	582.5	356.7	1
DAVID EDES		FORGE GYM	S	105	104.5	210.0	220.0	230.0	100.0	105.0	-	335.0	220.0	232.5	240.0	575.0	344.2	2
STEPHEN DAVIDSON		FORGE GYM	U23	105	104.4	210.0	-230.0	-230.0	135.0	145.0	-152.5	355.0	180.0	200.0	-	555.0	332.3	3
NEIL CUSHNIE		ABERDEEN UNI	S	105	96.4	180.0	190.0	200.0	110.0	115.0	117.5	317.5	195.0	210.0	220.0	537.5	332.2	4
MARTIN FLETT (Bench)		unattached	M2	105	103.1	-	-	-	130.0	140.0	150.0	-	-	-	150.0	-	-	
STUART WADLEY		SHETLAND WTC	M1	120+	121.4	160.0	180.0	200.0	130.0	147.5	155.0	355.0	210.0	230.0	250.0	605.0	346.9	1
AARON ROBERTSON		WAREHOUSE	S	120+	128.3	175.0	205.0	215.0	125.0	135.0	-140.0	350.0	205.0	225.0	-237.5	575.0	326.0	2
British Record		Open Record		Junior Record		Masters Record			Best Lifter									

REFEREE

BRIAN BAKER

WILLIAM MURRAY

GARY PORTER