

| SCOTTISH POWERLIFTING ABERDEEN OPEN RESULTS GYM APRIL 24th 2016 | | | | | | | | | | | | | | | | | | |
|---|--|----------------------|-----|-----------------------|-----------------------------|------------------|--------------------|------------------------------|------------------|------------------|------------------|-------|------------------|------------------|------------------|-------|--------|------|
| Women | | Club | AGE | Wt Class | BW | Squat | | | Bench Press | | | Sub | Deadlift | | | Total | Wilks | Pos. |
| BEATA HARATYM | | HIGHLAND BARBELL | S | 52.0 | 51.2 | 70.0 | 75.0 | 75.0 | 40.0 | 42.5 | 45.0 | 112.5 | 100.0 | 105.0 | 110.0 | 222.5 | 280.71 | 1 |
| ANNELI RITARI STEWART | | JOPPA | M1 | 57.0 | 56.4 | 95.0 | 102.5 | 107.5 | 47.5 | 50.0 | 52.5 | 160.0 | 120.0 | 125.0 | 132.5 | 285.0 | 333.47 | 1 |
| ELISKA PEJSKOVA | | UNATTACHED | S | 63.0 | 61.0 | 110.0 | 117.5 | 122.5 | 52.5 | 57.5 | 57.5 | 175.0 | 105.0 | 112.5 | 117.5 | 292.5 | 321.97 | 1 |
| TASMIN CAMPBELL | | UNATTACHED | S | 72.0 | 69.0 | 115.0 | 120.0 | 127.5 | 75.0 | 80.0 | 82.5 | 210.0 | 160.0 | 165.0 | 175.0 | 385.0 | 386.86 | 1 |
| JOYCE PARK | | RESULTS GYM | M2 | 84.0 | 76.2 | 110.0 | 115.0 | 117.5 | 67.5 | 72.5 | 75.0 | 190.0 | 127.5 | 135.0 | 140.0 | 330.0 | 310.65 | 1 |
| CLAIRE LINDSAY | | UNATTACHED | S | 84.0 | 73.8 | 85.0 | 87.5 | 92.5 | 42.5 | 45.0 | 47.5 | 132.5 | 110.0 | 115.0 | 122.5 | 247.5 | 237.70 | 2 |
| Men | | Club | AGE | Wt Class | BW | Squat | | | Bench Press | | | Sub | Deadlift | | | Total | Wilks | Pos. |
| PAUL MacDONALD | | STORNWAY | S | 83.0 | 81.1 | 190.0 | 200.0 | 210.0 | 140.0 | 150.0 | 155.0 | 350.0 | 210.0 | 220.0 | 230.0 | 580.0 | 392.61 | 1 |
| GORDON SCOTT | | UNATTACHED | S | 83.0 | 80.9 | 165.0 | 170.0 | 177.5 | 120.0 | 125.0 | 127.5 | 305.0 | 205.0 | 215.0 | 215.0 | 510.0 | 345.75 | 2 |
| SEB WILSON | | ROBERT GORDON U | J | 83.0 | 79.2 | 150.0 | 160.0 | 170.0 | 110.0 | 115.0 | 120.0 | 290.0 | 200.0 | 205.0 | 210.0 | 495.0 | 340.10 | 3 |
| GREG STEWART | | JOPPA | M1 | 83.0 | 82.7 | 145.0 | 150.0 | 152.5 | 110.0 | 115.0 | 117.5 | 267.5 | 170.0 | 180.0 | 200.0 | 437.5 | 292.66 | 4 |
| PHIL BURGE | | ROBERT GORDON U | M3 | 83.0 | 79.9 | 110.0 | 120.0 | 120.0 | 100.0 | 105.0 | 105.0 | 210.0 | 180.0 | 190.0 | 200.0 | 400.0 | 273.30 | 5 |
| ADAM RUTHERFORD | | EICA RATHO | S | 93.0 | 87.5 | 200.0 | 215.0 | 225.0 | 170.0 | 182.5 | 187.5 | 407.5 | 250.0 | 265.0 | 275.0 | 672.5 | 435.69 | 1 |
| JEFF MacDONALD | | STORNWAY | J | 93.0 | 88.4 | 210.0 | 225.0 | 235.0 | 240.0 | 140.0 | 147.5 | 375.0 | 220.0 | 235.0 | 245.0 | 620.0 | 399.50 | 2 |
| TOM BARRACK | | ROBERT GORDON U | S | 93.0 | 90.5 | 195.0 | 205.0 | 210.0 | 115.0 | 125.0 | 132.5 | 342.5 | 215.0 | 227.5 | 240.0 | 570.0 | 362.87 | 3 |
| DUNCAN MACKAY | | STORNWAY | M1 | 93.0 | 93.0 | 170.0 | 170.0 | 170.0 | 100.0 | 110.0 | 120.0 | 280.0 | 230.0 | 240.0 | 250.0 | 520.0 | 326.66 | 4 |
| SHAUN BEATTIE | | UNATTACHED | S | 93.0 | 91.4 | 152.5 | 162.5 | 170.0 | 95.0 | 100.0 | 105.0 | 275.0 | 170.0 | 180.0 | 190.0 | 465.0 | 294.57 | 5 |
| MARK PATERSON | | UNATTACHED | S | 93.0 | 89.9 | 135.0 | 140.0 | 145.0 | 85.0 | 90.0 | 95.0 | 230.0 | 180.0 | 190.0 | | 410.0 | 261.89 | 6 |
| STEVEN CUMMING | | MASTRICK | J | 105.0 | 99.5 | 205.0 | 215.0 | 225.0 | 140.0 | 150.0 | 150.0 | 375.0 | 240.0 | 265.0 | 265.0 | 640.0 | 390.28 | 1 |
| TOM CRAWFORD | | UNATTACHED | S | 105.0 | 94.9 | 177.5 | 192.5 | 207.5 | 117.5 | 125.0 | 132.5 | 340.0 | 215.0 | 235.0 | 250.0 | 590.0 | 367.17 | 2 |
| NEIL CUSHNIE | | ABERDEEN UNI | S | 105.0 | 102.2 | 195.0 | 205.0 | 212.5 | 125.0 | 132.5 | 140.0 | 345.0 | 210.0 | 222.5 | 230.0 | 575.0 | 346.99 | 3 |
| DARREN WHYTE | | UNATTACHED | S | 105.0 | 95.9 | 190.0 | 202.5 | 207.5 | 95.0 | 105.0 | 110.0 | 307.5 | 215.0 | 225.0 | 232.5 | 540.0 | 334.48 | 4 |
| EUAN GORDON | | UNATTACHED | S | 105.0 | 102.5 | 160.0 | 170.0 | 175.0 | 100.0 | 107.5 | 107.5 | 270.0 | 190.0 | 195.0 | | 460.0 | 277.29 | 5 |
| KEITH ROSS | | RESULTS GYM | S | 105.0 | 98.0 | 210.0 | 215.0 | 215.0 | 120.0 | 125.0 | | | 280.0 | 280.0 | 280.0 | | | |
| GRANT SINCLAIR | | UNATTACHED | S | 120.0 | 115.2 | 190.0 | 210.0 | 210.0 | 100.0 | 110.0 | 115.0 | 320.0 | 240.0 | 260.0 | 260.0 | 580.0 | 336.85 | 1 |
| LEWIS THOMSON | | RESULTS GYM | S | 120+ | 127.9 | 200.0 | 210.0 | 220.0 | 140.0 | 152.5 | 160.0 | 372.5 | 227.5 | 240.0 | 252.5 | 625.0 | 354.56 | 1 |
| Open Record | | Junior Record | | Masters Record | | | Best Lifter | | | | | | | | | | | |
| REFEREES | | ALEX MATHIESON Cat 1 | | | SOPHIE BARRINGER Divisional | | | MANDY MULLHOLLAND Divisional | | | | | | | | | | |