

SCOTTISH POWERLIFTING CLASSIC CHAMPIONSHIP														RAVENS CRAIG SPORTS COMPLEX				JUNE 4 th & 5 th 2016		
Name	Club	Age	Wt	Cl	BW	Squat		Bench Press			Sub	Deadlift		Total	Wilks	Pos.				
ELIZABETH HILL	U/A	M1	52.0		51.3	87.5	92.5	-95.0	45.0	-50.0	-52.5	137.5	100.0	-107.5	107.5	245.0	308.63	1		
ROWAN HENDRY HORNE	EDINBURGH PLC	S	63.0		61.9	125.0	130.0	135.0	70.0	75.0	-77.5	210.0	130.0	140.0	-142.5	350.0	380.96	1		
JANE ARMOUR	GREENOCK BARBELL	S	63.0		62.1	125.0	130.0	132.5	65.0	-67.5	-67.5	197.5	132.5	142.5	-153.5	340.0	369.16	2		
JULIA McGOVERN	GLASGOW UNI	S	63.0		62.7	75.0	85.0	90.0	50.0	55.0	57.5	147.5	150.0	160.5	162.5	310.0	334.13	3		
TASMIN CAMPBELL	UNATTACHED	S	72.0		68.6	125.0	130.0	135.0	75.0	80.0	-82.5	215.0	160.0	170.0	180.0	395.0	398.54	1		
SOPHIE BARRINGER	RGU	S	72.0		69.7	110.0	120.0	130.0	50.0	55.0	57.5	187.5	150.0	160.0	170.0	357.5	356.71	2		
RUTH POTTINGER	ORKNEY	S	72.0		69.4	120.0	130.0	133.0	60.0	62.5	65.0	198.0	150.0	157.5	-160.0	355.5	355.78	3		
LORRAINE PATRICK	UNATTACHED	S	72.0		70.9	102.5	110.0	112.5	72.5	-75.0	-75.0	185.0	137.5	142.5	147.5	332.5	327.91	4		
KARA SWANKIE	WAREHOUSE GYM	J	72.0		71.9	115.0	-125.0	-125.0	-50.0	57.5	-62.5	172.5	150.0	160.0	-167.5	332.5	324.83	5		
SIONA GARDEN	SOS FITNESS	M1	72.0		69.9	100.0	105.0	107.5	60.0	62.5	65.0	172.5	135.0	140.0	-145.0	312.5	311.20	6		
SIMONE CARMO	GLASGOW UNI	S	72.0		68.4	85.0	90.0	-95.0	55.0	60.0	65.0	155.0	145.0	-155.0	-155.0	300.0	303.31	7		
RACHEL KLINE	EDINBURGH PLC	J	72.0		69.1	95.0	102.5	105.0	47.5	52.5	55.0	160.0	115.0	127.5	140.0	300.0	301.15	8		
CHARLOTTE CARTER	UNATTACHED	S	72.0		70.6	90.0	95.0	-100.0	52.5	55.0	60.0	155.0	135.0	137.5	140.0	295.0	291.77	9		
CATHERINE GORDON	GLASGOW PLC	M1	72.0		65.9	77.5	87.5	90.0	50.0	55.0	-60.0	145.0	125.0	132.5	-137.5	277.5	288.19	10		
NICOLE McATHUR	ELITE SPORTING PERF	S	72.0		68.3	-85.0	-90.0	-90.0	40.0	-45.0	45.0		100.0	105.0	110.0					
WENDY MACFARLANE	RAW ANATOMY	S	84.0		80.9	150.0	155.0	163.0	70.0	-75.0	-75.0	233.0	150.0	160.0	-165.0	393.0	357.39	1		
KATIE WILLOW GARVEY	UNATTACHED	J	84.0		81.3	137.5	145.0	150.0	60.0	67.5	72.5	222.5	145.0	155.0	165.0	387.5	351.45	2		
CLAIRE TOCHER	UNATTACHED	S	84.0		76.6	125.0	132.5	-137.5	70.0	75.0	-77.5	207.5	155.0	165.0	170.0	377.5	354.24	3		
ELIZABETH BROWN	GLASGOW FITNESS	S	84+		100.3	115.0	122.5	127.5	70.0	-75.0	75.0	202.5	160.0	165.0	170.0	372.5	309.87	1		
KARYN McINTOSH	BLOCK 9	S	84+		146.2	135.0	-147.5	147.5	65.0	67.5	72.5	220.0	120.0	140.0	150.0	370.0	285.63	2		
Name	Club	Age	Wt	Cl	BW	Squat		Bench Press			Sub	Deadlift		Total	Wilks	Pos.				
MICHAEL MORRIS	U/A	S	66.0		65.7	155.0	165.0	-175.0	107.5	-115.0	-115.0	272.5	195.0	205.0	-217.5	477.5	376.34	1		
MARK HOURSTON	KILMARNOCK	S	74.0		73.6	182.5	187.5	190.0	135.0	-141.0	-141.0	325.0	230.0	240.0	-250.0	565.0	407.98	1		
KEEN THAMMATHAREE	EDINBURGH UNI	J	74.0		73.2	190.0	202.5	-207.5	112.5	120.0	125.0	327.5	202.5	215.0	222.5	550.0	398.71	2		
LEWIS WALKER	GLASGOW UNI	J	74.0		73.4	185.0	192.5	-205.0	-120.0	-120.0	-120.0									
DEAN ROBERTSON	ELYSIUM	S	83.0		81.1	180.0	190.0	200.0	120.0	135.0	140.0	340.0	-220.0	230.0	235.0	575.0	389.22	1		
STUART JOHNSTON	NORTH EAST BARBELL	S	83.0		82.4	180.0	190.0	-200.0	132.5	-137.5	-137.5	322.5	215.0	222.5	-227.5	545.0	365.36	2		
BEN PARKES	UNATTACHED	S	83.0		80.4	180.0	185.0	190.0	105.0	110.0	115.0	305.0	220.0	230.0	-240.0	535.0	364.10	3		
JODI MULLEN	EDINBURGH PLC	S	83.0		82.9	175.0	190.0	-205.0	90.0	100.0	-107.5	290.0	200.0	215.0	227.5	517.5	345.68	4		
MURRAY WALLACE	UNATTACHED	S	83.0		82.3	170.0	-185.0	-195.0	110.0	115.0	-120.0	285.0	205.0	220.0	230.0	515.0	345.50	5		
SCOTT MULHERON	UNATTACHED	S	93.0		89.4	230.0	245.0	255.0	125.0	132.5	137.5	392.5	235.0	250.0	265.0	657.5	421.18	1		
GRAEME LAMONT	UNATTACHED	s	93.0		91.5	195.0	210.0	220.0	130.0	140.0	-147.5	360.0	230.0	250.0	-255.0	610.0	386.22	2		
DANIEL MACURA	UNATTACHED	S	93.0		87.6	210.0	-225.0	-225.0	140.0	-147.5	-147.5	350.0	245.0	255.0	-262.5	605.0	391.72	3		
CALLUM CROZIER	UNATTACHED	Ju20	105.0		100.2	220.0	230.0	-240.0	170.0	180.0	-185.0	410.0	270.0	-280.0	680.0	413.51	1			
ALESSANDRO Del BRENNNA	STRATHCLYDE UNI	S	105.0		101.8	180.0	195.0	205.0	-140.0	145.0	-155.0	350.0	230.0	250.0	255.0	605.0	365.64	2		
TOM CRAWFORD	UNATTACHED	S	105.0		93.2	182.5	202.5	-217.5	117.5	125.0	-135.0	327.5	215.0	235.0	255.0	582.5	365.55	3		
MARC KEYS	EDINBURGH UNI	S	120.0		117.1	260.0	-275.0	275.0	190.0	202.5	207.5	482.5	260.0	285.0	300.0	782.5	452.54	1		
WILLIAM ROGERS	GREENOCK BARBELL	S	120.0		119.4	240.0	260.0		150.0	-155.0	-155.0	410.0	300.0	320.0	-325.0	730.0	420.19	2		
FRANCESCO PELIZZA	STRATHCLYDE UNI	S	120+		120.2	-245.0	250.0	270.0	165.0	177.5	187.5	457.5	255.0	272.5	-282.5	730.0	419.53	1		
British Record			Open Record			Junior Record			Masters Record			Best Lifter								
REFEREES																				
JIM MUTRIE Nat			APPLE DOEPNER Div			BRIAN BAKER Nat														
JOANNA JACK Div			ALEX MATHIESON Div			SOPHIE BARRINGER Div														