

11/02/2018	Scottish Eastern Districts 2018 - Women											Elysium Edinburgh					
Name	Team	Div	Bwt (kg)	WtCls (kg)	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	Sub Total	DL-1	DL-2	DL-3	(1) PL Total	(2) Wilks Pts	PI-Div- WtCls-Evt
Claire Thomson	Edinburgh Barbell	F-O	53.1	57	110	117.5	122.5	57.5	62.5	-67.5	185	110	130	135	320	392.512	1-F-O-57-PL
Veronika Klesniakova	Edinburgh Barbell	F-O	55.5	57	75	80	87.5	50	52.5	55	142.5	105	117.5	122.5	265	313.999	2-F-O-57-PL
Liz Hill	Unattached	F-M1	54.8	57	90	95	97.5	47.5	52.5	-57.5	150	100	105	110	260	311.142	3-F-O-57-PL
Angela Macleod	Flex Fitness	F-M1	55.4	57	80	85	-90	55	-57.5	-57.5	140	100	115	-122.5	255	302.583	4-F-O-57-PL
Isobel Grant	Forge	F-M2	54.6	57	-55	55	57.5	37.5	40	-42.5	97.5	97.5	105	-110	202.5	243.040	5-F-O-57-PL
Lauren Clark	Village Edinburgh	F-J	62.6	63	112.5	117.5	-120	60	62.5	65	182.5	132.5	137.5	142.5	325	350.740	1-F-O-63-PL
Hayley Kerr	Flex Fitness	F-O	61.9	63	100	102.5	105	55	-60	-60	160	140	145	150	310	337.404	2-F-O-63-PL
Kimberley Wilson	Elysium Edinburgh	F-O	61.7	63	100	107.5	112.5	55	-60	-60	167.5	105	-110	115	282.5	308.236	3-F-O-63-PL
Shelley Passmore	Unattached	F-O	62.2	63	112.5	117.5	120	-75	-75	-75	0	125	-135	-135	0	0.000	
Kara Swankie	Dundee Strength Unit	F-J	71.9	72	130	-130	-130	70	-70	-70	200	170	-180	-180	370	361.453	1-F-O-72-PL
Jaime Holmes	Sykes Lifting	F-O	70.5	72	117.5	-122.5	122.5	52.5	57.5	-62.5	180	125	130	137.5	317.5	314.325	2-F-O-72-PL
Nicola Harcus	Forge	F-M1	67.9	72	90	100	-110	55	-60	60	160	-125	125	-135	285	289.645	3-F-O-72-PL
Katie Goudie	Edinburgh Barbell	F-O	65.6	72	85	90	-92.5	52.5	-57.5	-57.5	142.5	105	-115	115	257.5	268.315	4-F-O-72-PL
Nikki Charleston	Athlete Training System	F-O	69.6	72	60	70	80	37.5	42.5	-47.5	122.5	80	90	100	222.5	222.233	5-F-O-72-PL
Cathy Macaslan	SGSSA	F-M3	71.4	72	-55	-55	55	35	37.5	-40	92.5	95	102.5	110 <sup>M3</sup>	202.5	198.754	6-F-O-72-PL
Sandra Dailidyte	3PT	F-O	77.2	84	127.5	137.5	145	62.5	67.5	-72.5	212.5	155	167.5	-175	380	354.920	1-F-O-84-PL
Lorraine Wade	Raw Anatomy	F-M1	83.3	84	-115	115	-122.5	65	-72.5	-72.5	180	140	145	150 <sup>M1</sup>	330	295.515	2-F-O-84-PL
Ashley Nicholson	Unattached	F-O	78.3	84	110	115	120	62.5	-65	-65	182.5	125	132.5	135	317.5	294.100	3-F-O-84-PL
Ellie Swankie	Dundee Strength Unit	F-SJ	80.9	84	97.5	102.5	-112.5	40	45	-50	147.5	-130	140	150	297.5	270.546	4-F-O-84-PL
Sara Ward	Edinburgh Barbell	F-O	79	84	-90	90	105	50	57.5	-65	162.5	100	110	120	282.5	260.324	5-F-O-84-PL
Sarah Kennedy	Dundee Strength Unit	F-O	78.6	84	100	107.5	-110	45	50	-52.5	157.5	100	110	-120	267.5	247.223	6-F-O-84-PL
Kate Marelic	Unattached	F-O	78.3	84	65	72.5	80	50	55	-60	135	-90	100	110	245	226.943	7-F-O-84-PL
Lynsey Christie	Results Gym	F-M1	91	84+	127.5	135	142.5 <sup>M1</sup>	65	70	72.5	215	150	157.5	165 <sup>M1</sup>	380 <sup>M1</sup>	326.876	1-F-O-84+-PL
Jacqueline Watson	Raw Anatomy	F-M1	116.5	84+	-100	100	102.5	47.5	55	-62.5	157.5	120	135	-145	292.5	235.170	2-F-O-84+-PL
Johanna Swankie	Dundee Strength Unit	F-M2	94	84+	95	100	107.5 <sup>M2</sup>	47.5	52.5 <sup>M2</sup>	-55	160	95	105	112.5 <sup>M2</sup>	272.5 <sup>M2</sup>	231.516	3-F-O-84+-PL

Records: Op = Open U23 = Junior U20 = Junior U20 U18 = Sub Junior M1 = Masters 1 M2 = Masters 2 M3 = Masters 3 M4 - Masters 4

Best Lifter