

Top 20 Female 2018 Ranked on Wilks

Classic Squat

	Name	Weight Class	Age class	Competition	Wilks
1	Alice Francis-Freeman	72	J	Scottish University	162.3
2	Katy Matheson	72	S	Scottish Classic	161.8
3	Wendy Macfarlane	84	S	Scottish Classic	156.62
4	Hannah Beaven	47	S	Scottish Classic	156.57
5	Tasmin Campbell	72	S	Scottish Classic	152.28
6	Claire Thomson	57	S	Eastern District	150.25
7	Vanassa George - Macdonald	84	S	Scottish Classic	149.16
8	Claire Tocher	84	S	Scottish Classic	144.83
9	Sophie Barringer	72	S	Scottish Classic	142.72
10	Jordan Wemyss	63	S	Northern District	141.32
11	Rowan Hendry-Horne	72	S	British Classic	140.94
12	Molly Tweedle	63	J	British Junior	140.29
13	Karolina Jarosinska	63	S	Scottish Classic	139.95
14	Rebecca Francis	84	S	Northern District	139.67
15	Isha Maini	57	S	Scottish University	138.64
16	Bianca Mourik	57	J	Scottish University	137.10
17	Maris Vasenius	52	J	Scottish University	136.03
18	Sandra Dailidyte	84	S	Eastern District	135.43
19	Annina Jansson	72	J	Scottish University	134.86
20	Kara Swankie	72	J	British Junior	134.83

Classic Bench Press (3 lift)

	Name	Weight Class	Age class	Competition	Wilks
1	Tasmin Campbell	72	S	Scottish Classic	101.19
2	Alice Francis-Freeman	72	J	British Junior	93.96
3	Maris Vasenius	52	J	British Juniors	92.51
4	Leah Moir	84+	S	British Classic	87.11
5	Bronwen Adlington	84	J	World universities	85.84
6	Claire Tocher	84	S	Scottish Classic	85.06
7	Isha Maini	57	S	World University	82.4
8	Ida Petersson	63	J	World University	82.22
9	Hannah Beaven	47	S	Scottish Classic	81.69
10	Rowan Hendry-Horne	72	S	British Classic	81.6
11	Jordan Wemyss	63	S	Northern District	81.53
12	Rachel Steedman	72	J	Scottish University	79.59
13	Wendy Macfarlane	84	S	Scottish Classic	78.31
14	Molly Tweedle	63	J	British Junior	78.24
15	Karolina Jarosinska	63	S	Scottish Classic	78.05
16	Vanassa George - Macdonald	84	S	Scottish Classic	76.84
17	Claire Thomson	57	S	Eastern District	76.66
18	Natalie Huggins	84	S	Scottish Classic	75.98
19	Rachel Moir	84+	S	British Classic	75.57
20	Rebecca Elizabeth Anne Stace	63	S	World University	74.37

Classic Deadlift

Updated: 10/31/2018

	Name	Weight Class	Age class	Competition	Wilks
1	Hannah Beaven	47	S	Scottish Classic	207.63
2	Tasmin Campbell	72	S	Scottish Classic	186.66
3	Eve Fordyce	72	J	Scottish University	186.47
4	Sophie Barringer	72	S	British Classic	178.2
5	Kara Swankie	72	J	British Junior	176.51
6	Rebecca Elizabeth Anne Stace	63	S	World University	176.27
7	Maris Vasenius	52	J	British Juniors	171.09
8	Katy Matheson	72	S	British Classic	169.79
9	Nina Lepaus	72	S	World University	169.58
10	Ida Petersson	63	J	Scottish University	167.86
11	Vanassa George - Macdonald	84	S	Scottish Classic	167.69
12	Martha Gates	84	S	Scottish Classic	166.84
13	Claire Thomson	57	S	Eastern District	165.59
14	Wendy Macfarlane	84	S	Scottish Classic	165.57
15	Claire Tocher	84	S	Scottish Classic	165.52
16	Alice Francis-Freeman	72	J	Scottish University	164.8
17	Molly Tweedle	63	J	British Junior	164.57
18	Hayley Kerr	63	S	Eastern District	163.27
19	Jennifer Newton	63	J	Scottish University	162.5
20	Susanne Erbida	63	M1	Northern District	161.81

Equipped Squat

	Name	Weight Class	Age class	Competition	Wilks
1	Shelley Passmore	63	S	Scottish Seniors	177.09
2	Rachel Steadman	72	J	Scottish Masters	152.86
3	Michelle Brand	84	M1	YNEPF MASTERS	145.34
4	Catriona Duncan	57	M1	Scottish Seniors	142.52
5	Catriona Duncan	52	M1	British Equipped Champs	142.36
6	Catherine Gordon	72	M1	Scottish Masters	139
7	Melissa Wall	72	M2	British Equipped Champs	102.96
8	Melissa Wall	84	M2	European Masters	100.56
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Equipped Bench Press (3 lift)

	Name	Weight Class	Age class	Competition	Wilks
1	Shelley Passmore	63	S	British Equipped Champs	106.12
2	Michelle Brand	84	M1	YNEPF MASTERS	98.39
3	Rachel Steadman	72	J	Scottish Masters	96.15
4	Catherine Gordon	72	M1	Scottish Masters	91.84
5	Catriona Duncan	57	M1	Scottish Seniors	83.65
6	Catriona Duncan	52	M1	European Masters	81.91
7	Melissa Wall	84	M2	European Masters	69.44
8	Melissa Wall	72	M2	Scottish Seniors	68.9
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Equipped Deadlift

	Name	Weight Class	Age class	Competition	Wilks
1	Catriona Duncan	52	M1	European Masters	163.81
2	Catherine Gordon	72	M1	British Equipped Champs	156.38
3	Shelley Passmore	63	S	Scottish Seniors	155.3
4	Catriona Duncan	57	M1	Scottish Seniors	154.91
5	Rachel Steadman	72	J	Scottish Masters	147.93
6	Melissa Wall	72	M2	British Equipped Champs	137.28
7	Melissa Wall	84	M2	European Masters	126.9
8	Michelle Brand	84	M1	YNEPF Masters	120.75
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47kg Class

Top 20 Ranked on Total

Classic Squat

	Name	Body Weight	Age class	Competition	Total
1	Hannah Beaven	46.62	S	Scottish Classic	115
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Classic Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Hannah Beaven	46.62	S	Scottish Classic	60
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Classic Deadlift

Updated: 10/31/2018

	Name	Body Weight	Age class	Competition	Total
1	Hannah Beaven	46.62	S	Scottish Classic	152.5
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Equipped Squat

	Name	Body Weight	Age class	Competition	Total
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Equipped Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
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Equipped Deadlift

	Name	Body Weight	Age class	Competition	Total
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52kg Class

Top 20 Ranked on Total

Classic Squat

	Name	Body Weight	Age class	Competition	Total
1	Maris Vasenius	51	J	Scottish University	107.5
2	Samantha Devlin	51.7	M2	Scottish Masters	88
3	Rachael Kirwan	50.8	J	Scottish University	75.0
4	Benedetta Lobina	50.9	J	Scottish University	72.5
5	Isla Mitchell	49.8	J	Scottish University	60
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Classic Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Maris Vasenius	50.9	J	British Juniors	73
2	Rachael Kirwan	50.8	J	Scottish University	55
3	Samantha Devlin	51.7	M2	Scottish Masters	53
4	Isla Mitchell	49.8	J	Scottish University	37.5
5	Benedetta Lobina	50.9	J	Scottish University	35.0
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Classic Deadlift

Updated: 10/31/2018

	Name	Body Weight	Age class	Competition	Total
1	Maris Vasenius	50.9	J	British Juniors	135
2	Rachael Kirwan	50.8	J	Scottish University	115
3	Samantha Devlin	51.7	M2	Scottish Masters	110
4	Benedetta Lobina	50.9	J	Scottish University	105
5	Isla Mitchell	49.8	J	Scottish University	77.5
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Equipped Squat

	Name	Body Weight	Age class	Competition	Total
1	Catriona Duncan	51	M1	British Equipped Champs	112.5
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Equipped Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Catriona Duncan	51.28	M1	European Masters	65
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Equipped Deadlift

	Name	Body Weight	Age class	Competition	Total
1	Catriona Duncan	51.28	M1	European Masters	130
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57kg Class

Top 20 Ranked on Total

Classic Squat

	Name	Body Weight	Age class	Competition	Total
1	Claire Thomson	53.1	S	Eastern District	122.5
2	Bianca Mourik	56.6	J	Scottish University	117.5
3	Belina Koxhaj	55.5	J	Scottish University	110
4	Anneli Ritari-Stewart	56.5	M2	Scottish Masters	110
5	Roisin Meehan	57	S	British Classic	107.5
6	Jaimeelee Bowles	57.0	J	Scottish Classic	105
7	Sophie Hutchison	55.8	J	Scottish Classic	100
8	Eleanor Marlow	55.9	J	Scottish Seniors	100
9	Liz Hill	54.8	M1	Eastern District	97.5
10	Isha Maini	55.8	S	Scottish University	95
11	Veronika Klesniakova	56.0	S	Scottish Classic	95
12	Lorraine Howie	53	M2	Scottish Classic	87.5
13	Samantha Devlin	55.8	M2	European Masters Classic	87.5
14	Angela Macleod	55.4	M1	Eastern District	85
15	Isobel Grant	55.3	M2	Scottish Masters	60
16	Valerie Dourley	54.3	M2	Scottish Masters	75
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Classic Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Isha Maini	55.97	S	World University	70
2	Claire Thomson	53.1	S	Eastern District	62.5
3	Bianca Mourik	56.49	J	World University	60
4	Lorraine Howie	53	M2	Scottish Classic	55
5	Angela Macleod	55.4	M1	Eastern District	55
6	Veronika Klesniakova	55.5	S	Eastern District	55
7	Liz Hill	55.8	M1	Scottish Masters	55
8	Jaimeelee Bowles	57.0	J	Scottish Classic	55
9	Eleanor Marlow	55.9	J	Scottish Seniors	52.5
10	Anneli Ritari-Stewart	56.5	M2	Scottish Masters	52.5
11	Samantha Devlin	55.8	M2	European Masters Classic	50
12	Sophie Hutchison	55.8	J	Scottish Classic	47.5
13	Roisin Meehan	57	S	British Classic	47.5
14	Belina Koxhaj	55.5	J	Scottish University	45
15	Isobel Grant	54.6	M2	Eastern District	40
16	Valerie Dourley	54.3	M2	Scottish Masters	37.5
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Classic Deadlift

Updated: 10/31/2018

	Name	Body Weight	Age class	Competition	Total
1	Claire Thomson	53.1	S	Eastern District	135
2	Veronika Klesniakova	56.0	S	Scottish Classic	135
3	Anneli Ritari-Stewart	56.5	M2	Scottish Masters	135
4	Bianca Mourik	56.49	J	World University	132.5
5	Lorraine Howie	53	M2	Scottish Classic	130
6	Isha Maini	55.97	S	World University	125
7	Roisin Meehan	57	S	British Classic	120
8	Angela Macleod	55.4	M1	Eastern District	115
9	Jaimeelee Bowles	57.0	J	Scottish Classic	115
10	Liz Hill	55	M1	British Masters	112.5
11	Eleanor Marlow	55.9	J	Scottish Seniors	112.5
12	Samantha Devlin	55.8	M2	European Masters Classic	110
13	Belina Koxhaj	55.5	J	Scottish University	107.5
14	Sophie Hutchison	55.8	J	Scottish Classic	107.5
15	Isobel Grant	54.6	M2	Eastern District	105
16	Valerie Dourley	54.3	M2	Scottish Masters	85
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Equipped Squat

	Name	Body Weight	Age class	Competition	Total
1	Catriona Duncan	52.4	M1	Scottish Seniors	115
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Equipped Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Catriona Duncan	52.4	M1	Scottish Seniors	67.5
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Equipped Deadlift

	Name	Body Weight	Age class	Competition	Total
1	Catriona Duncan	52.4	M1	Scottish Seniors	125
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63kg Class

Top 20 Ranked on Total

Classic Squat

	Name	Body Weight	Age class	Competition	Total
1	Jordan Wemyss	62	S	Northern District	130
2	Molly Tweedle	62.6	J	Scottish Classic	130
3	Karolina Jarosinska	62.8	S	Scottish Classic	130
4	Yandra Banks Brown	62.9	J	Scottish Classic	125
5	Rebecca Elizabeth Anne Stace	60.93	S	World University	117.5
6	Lauren Clark	62.6	J	Eastern District	117.5
7	Lynda Banks	62.5	M2	British Masters	115
8	Jennifer Newton	60.9	J	World University	112.5
9	Kimberley Wilson	61.7	S	Eastern District	112.5
10	Ida Petersson	61	J	Scottish University	110
11	Judith Davison	62.2	M1	British Masters	107.5
12	Hayley Kerr	61.9	S	Eastern District	105
13	Susanne Erbida	57.2	M1	Scottish Masters	90
14	Emily Byrne	63	J	Scottish University	85
15	Heather Webster	61.6	S	Northern District	80
16	Briana Freed-Smith	62.5	J	Scottish University	77.5
17	Helen Saunders	62.4	S	Western District	75
18	Rachel Kir	59.7	J	Scottish University	70
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Classic Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Ida Petersson	61.32	J	World University	75
2	Jordan Wemyss	62	S	Northern District	75
3	Molly Tweedle	62.6	J	Scottish Classic	72.5
4	Karolina Jarosinska	62.8	S	Scottish Classic	72.5
5	Rebecca Elizabeth Anne Stace	60.93	S	World University	67.5
6	Lynda Banks	62.5	M2	British Masters	65
7	Lauren Clark	62.6	J	Eastern District	65
8	Jennifer Newton	59.6	J	Scottish University	62.5
9	Kimberley Wilson	61.8	S	Scottish Classic	60
10	Hayley Kerr	61.9	S	Eastern District	55
11	Judith Davison	62.2	M1	British Masters	55
12	Yandra Banks Brown	62.9	J	Scottish Classic	52.5
13	Briana Freed-Smith	62.5	J	Scottish University	50
14	Susanne Erbida	57.2	M1	Scottish Masters	47.5
15	Helen Saunders	62.4	S	Western District	47.5
16	Heather Webster	61.6	S	Northern District	40
17	Emily Byrne	63	J	Scottish University	40
18	Rachel Kir	59.7	J	Scottish University	35
19					
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Classic Deadlift

Updated: 10/31/2018

	Name	Body Weight	Age class	Competition	Total
1	Rebecca Elizabeth Anne Stace	60.93	S	World University	160
2	Ida Petersson	61	J	Scottish University	152.5
3	Molly Tweedle	62.6	J	Scottish Classic	152.5
4	Hayley Kerr	61.9	S	Eastern District	150
5	Susanne Erbida	57.2	M1	Scottish Masters	145
6	Jennifer Newton	59.6	J	Scottish University	145
7	Lynda Banks	62.55	M2	World Masters Classic	145
8	Jordan Wemyss	62	M1	Northern District	142.5
9	Lauren Clark	62.6	J	Eastern District	142.5
10	Judith Davison	62.2	M1	British Masters	140
11	Karolina Jarosinska	62.8	S	Scottish Classic	137.5
12	Yandra Banks Brown	62.9	J	Scottish Classic	132.5
13	Heather Webster	61.6	S	Northern District	120.0
14	Kimberley Wilson	61.8	S	Scottish Classic	117.5
15	Briana Freed-Smith	62.5	J	Scottish University	115
16	Helen Saunders	62.4	S	Western District	112.5
17	Rachel Kir	59.7	J	Scottish University	105
18	Emily Byrne	63	J	Scottish University	100
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Equipped Squat

	Name	Body Weight	Age class	Competition	Total
1	Shelley Passmore	61.8	S	Scottish Seniors	162.5
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Equipped Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Shelley Tipling	61.9	S	British Equipped Champs	97.5
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Equipped Deadlift

	Name	Body Weight	Age class	Competition	Total
1	Shelley Passmore	61.8	S	Scottish Seniors	142.5
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72kg Class

Top 20 Ranked on Total

Classic Squat

	Name	Body Weight	Age class	Competition	Total
1	Katy Matheson	71.5	S	Scottish Classic	165
2	Alice Francis-Freeman	69.6	J	Scottish University	162.5
3	Tasmin Campbell	71.3	S	Scottish Classic	155
4	Sophie Barringer	71.1	S	Scottish Classic	145
5	Rowan Hendry-Horne	70.6	S	British Classic	142.5
6	Kara Swankie	71.5	J	British Junior	137.5
7	Ruth Pottinger	70.70	S	Scottish Seniors	135
8	Annina Jansson	66	J	Scottish University	130
9	Rachel Steedman	70.01	J	World University	130
10	Eve Fordyce	68.33	J	World University	125
11	Lauren Gallon	70.1	S	Western District	125
12	Nina Lepaus	66.4	S	Scottish University	122.5
13	Jaime Holmes	70.5	S	Eastern District	122.5
14	Sarah Watson	69.6	S	Western District	120
15	Johanna Platt	67.6	S	Western District	112.50
16	Nicola Harcus	69.50	M1	Scottish Masters	110
17	Hana Blanchfield	69.8	J	Scottish University	110
18	Roni Rose	70.9	S	Scottish Classic	107.5
19	Judith Davison	70.2	M1	Northern District	105
20	Nicola Harcus	67.9	M1	Eastern District	100

Equipped Squat

	Name	Body Weight	Age class	Competition	Total
1	Rachel Steadman	70.9	J	Scottish Masters	155
2	Catherine Gordon	70.2	M1	Scottish Masters	140
3	Melissa Wall	71.5	M2	British Equipped Champs	105
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Classic Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Tasmin Campbell	71.3	S	Scottish Classic	103
2	Alice Francis-Freeman	70.6	J	British Junior	95
3	Rowan Hendry-Horne	70.6	S	British Classic	82.5
4	Rachel Steedman	70.00	J	Scottish University	80
4	Nina Lepaus	68.27	S	World University	72.5
6	Eve Fordyce	68.7	J	Scottish University	72.5
7	Annina Jansson	66	J	Scottish University	70
8	Katy Matheson	69.6	S	British Classic	70
9	Kara Swankie	71.5	J	British Junior	70
10	Maureen Gordon	69.3	M2	Scottish Masters	68
11	Johanna Looser	69.4	J	Scottish University	67.5
12	Sarah Watson	69.7	S	Scottish seniors	65
13	Lauren Gallon	70.1	S	Western District	65
14	Sophie Barringer	70.5	S	British Classic	65
15	Nicola Harcus	69.6	M1	British Masters	62.5
16	Ruth Pottinger	70.70	S	Scottish Seniors	62.5
17	Joyce Park	70.20		British Masters	61
18	Nicola Harcus	69.50	M1	Scottish Masters	60
19	Johanna Platt	67.6	S	Western District	57.5
20	Rainbow Leung	67.6	J	Scottish University	57.5

Equipped Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Rachel Steadman	70.9	J	Scottish Masters	97.5
2	Catherine Gordon	70.2	M1	Scottish Masters	92.5
3	Melissa Wall	71.1	M2	Scottish Seniors	70
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Classic Deadlift

Updated: 10/31/2018

	Name	Body Weight	Age class	Competition	Total
1	Tasmin Campbell	71.3	S	Scottish Classic	190
2	Eve Fordyce	68.7	J	Scottish University	185
3	Sophie Barringer	70.5	S	British Classic	180
4	Kara Swankie	71.5	J	British Junior	180
5	Katy Matheson	71.5	S	Scottish Classic	172.5
6	Nina Lepaus	68.27	S	World University	167.5
7	Alice Francis-Freeman	71.3	J	Western District	167.5
8	Sarah Watson	69.6	S	Western District	160
9	Rowan Hendry-Horne	70.6	S	British Classic	155
10	Ruth Pottinger	70.70	S	Scottish Seniors	152.5
11	Annina Jansson	66	J	Scottish University	150
12	Lauren Gallon	70.1	S	Western District	150
13	Rachel Steedman	70.01	J	World University	142.5
14	Laura Munro	67.3	S	Western District	140
15	Nicola Harcus	69.50	M1	Scottish Masters	137.5
16	Jaime Holmes	70.5	S	Eastern District	137.5
17	Maureen Gordon	69.3	M2	Scottish Masters	135
18	Roni Rose	70.9	S	Scottish Classic	132.5
19	Hana Blanchfield	69.8	J	Scottish University	130
20	Judith Davison	70.2	M1	Northern District	130

Equipped Deadlift

	Name	Body Weight	Age class	Competition	Total
1	Catherine Gordon	70.2	M1	Scottish Masters	157.5
2	Rachel Steadman	70.9	J	Scottish Masters	150
3	Melissa Wall	71.5	M2	British Equipped Champs	140
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84kg Class

Top 20 Ranked on Total

Classic Squat

	Name	Body Weight	Age class	Competition	Total
1	Wendy Macfarlane	83.40	S	Scottish Classic	175
2	Vanassa George - Macdonald	81.8	S	Scottish Classic	165
3	Claire Tocher	79.3	S	Scottish Classic	157.5
4	Rebecca Francis	77.6	S	Northern Districts	150
5	Sandra Dailidyte	77.2	S	Eastern District	145
6	Martha Gates	73	S	Scottish Classic	137.5
7	Bronwen Adlington	74.61	J	World universities	135
8	Sam Edgar	82	J	British Junior	135
9	Sara Ward	79.1	S	Scottish classic	132.5
10	Tracy Brown	82.1	S	Northern Districts	132.5
11	Irene Hallyburton	78.8	M1	Scottish Masters	130.5
12	Bethany Chinchen	81.9	S	Scottish Classic	130
13	Lorraine Wade	83.1	M1	Scottish Masters	130
14	Natalie Huggins	83.6	S	Scottish Classic	130
15	Kerry McKeown	83.3	M1	Scottish Classic	127.5
16	Rachael Fairclough	83.9	J	Northern Districts	127.5
17	Leah Mears	76.11	J	World University	120
18	Ashley Nicholson	78.3	S	Eastern District	120
19	Ellie Swankie	83.2	SJ	British Junior	117.5
20	Allison Gibson	75.40	M2	Scottish Masters	107.5

Equipped Squat

	Name	Body Weight	Age class	Competition	Total
1	Michelle Brand	84	M1	YNEPF Masters	162.5
2	Melissa Wall	74.12	M2	European Masters	105
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Classic Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Claire Tocher	79.3	S	Scottish Classic	92.5
2	Bronwen Adlington	74.61	J	World universities	90
3	Wendy Macfarlane	83.40	S	Scottish Classic	87.5
4	Vanassa George - Macdonald	81.8	S	Scottish Classic	85
5	Natalie Huggins	83.6	S	Scottish Classic	85
6	Lorraine Wade	83.1	M1	Scottish Masters	72.5
7	Kerry McKeown	83.3	M1	Scottish Classic	72.5
8	Rebecca Francis	77.6	S	Northern Districts	70
9	Sara Ward	79.1	S	Scottish classic	70
10	Sandra Dailidyte	77.2	S	Eastern District	67.5
11	Tracy Brown	81.5	S	Scottish Classic	67.5
12	Ashley Nicholson	82	S	Scottish Classic	67.5
13	Martha Gates	73	S	Scottish Classic	65
14	Bethany Chinchen	80.1	S	Western District	65
15	Irene Hallyburton	79.3	M1	British Masters	62.5
16	Rachael Fairclough	83.9	J	Northern Districts	62.5
17	Sam Edgar	82	J	British Junior	57.5
18	Monica Hofvind	78.2	J	Scottish University	55
19	Kate Marelic	78.3	S	Eastern District	55
20	Allison Gibson	75.40	M2	Scottish Masters	52.5

Equipped Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Michelle Brand	84	M1	YNEPF Masters	110.0
2	Melissa Wall	74.12	M2	European Masters	72.5
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Classic Deadlift

Updated: 10/31/2018

	Name	Body Weight	Age class	Competition	Total
1	Vanassa George - Macdonald	81.8	S	Scottish Classic	185.5
2	Wendy Macfarlane	83.40	S	Scottish Classic	185
3	Claire Tocher	79.3	S	Scottish Classic	180
4	Martha Gates	73	S	Scottish Classic	172.5
5	Sandra Dailidyte	77.2	S	Eastern District	167.5
6	Lorraine Wade	83.7	M1	Scottish Classic	165
7	Bronwen Adlington	74.61	J	World universities	160
8	Sam Edgar	82	J	British Junior	157.5
9	Ellie Swankie	80.9	SJ	Eastern District	150
10	Tracy Brown	81.5	S	Scottish Classic	150
11	Bethany Chinchen	81.9	S	Scottish Classic	150
12	Rebecca Francis	77.6	S	Northern Districts	145
13	Natalie Huggins	83.6	S	Scottish Classic	145
14	Allison Gibson	75.40	M2	Scottish Masters	142.5
15	Irene Hallyburton	77.7	M1	Scottish Classic	142.5
16	Ashley Nicholson	82	S	Scottish Classic	140
17	Kerry McKeown	83.3	M1	Scottish Classic	140
18	Rachael Fairclough	83.9	J	Northern Districts	135
19	Leah Mears	76.11	J	World University	130
20	Monica Hofvind	78.2	J	Scottish University	130

Equipped Deadlift

	Name	Body Weight	Age class	Competition	Total
1	Michelle Brand	84	M1	YNEPF Masters	135
2	Melissa Wall	74.12	M2	European Masters	132.5
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84+kg Class

Top 20 Ranked on Total

Classic Squat

	Name	Body Weight	Age class	Competition	Total
1	Leah Moir	112.7	S	Scottish Classic	160
2	Lynsey Christie	91.2	M1	British Masters	157.5
3	Lenise Elizabeth Bruce	123.8	M1	Scottish Masters	150
4	Rachel Moir	100.2	S	Scottish Classic	140
5	Steph Elliott	91.8	M1	Scottish Masters	130
6	Kyla Oak	88.1	S	Scottish Classic	125
7	Lauren Aitchison	102.5	J	Scottish University	120
8	Johanna Swankie	88.8	M2	Scottish Masters	115
9	Jacqueline Watson	116.2	M1	Scottish Classic	115
10	Joanne Parkin	102.1	M1	Scottish Masters	110
11	Karen Towersey	93.7	M2	British Masters	105
12	Caroline Mina Henderson	100.4	M1	British Masters	105
13	Naomi Morris	90.5	J	Scottish University	100
14	Doreen Blainey	100.9	M2	Scottish Masters	100
15	Kristina Taylor	118.5	S	Western District	77.5
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Classic Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
1	Leah Moir	111.8	S	British Classic	107.5
2	Rachel Moir	100.2	S	Scottish Classic	95
3	Lenise Elizabeth Bruce	123.8	M1	Scottish Masters	80
4	Lynsey Christie	90.2	M1	Scottish Masters	75
5	Karen Towersey	93.7	M2	British Masters	65
6	Jacqueline Watson	116.2	M1	Scottish Classic	65
7	Caroline Mina Henderson	100.4	M1	British Masters	62.5
8	Kyla Oak	88.1	S	Scottish Classic	60
9	Steph Elliott	91.8	M1	Scottish Masters	57.5
10	Doreen Blainey	100.9	M2	Scottish Masters	57.5
11	Lauren Aitchison	102.5	J	Scottish University	57.5
12	Johanna Swankie	88.8	M2	Scottish Masters	55
13	Joanne Parkin	102.1	M1	Scottish Masters	55
14	Kristina Taylor	118.5	S	Western District	50
15	Naomi Morris	90.5	J	Scottish University	40
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Classic Deadlift

Updated: 10/31/2018

	Name	Body Weight	Age class	Competition	Total
1	Lynsey Christie	90.2	M1	Scottish Masters	172.5
2	Leah Moir	112.7	S	Scottish Classic	165
3	Joanne Parkin	102.1	M1	Scottish Masters	160
4	Lenise Elizabeth Bruce	123.8	M1	Scottish Masters	152.5
5	Rachel Moir	100.2	S	Scottish Classic	150
6	Jacqueline Watson	116.2	M1	Scottish Classic	150
7	Kyla Oak	88.1	S	Scottish Classic	147.5
8	Steph Elliott	91.8	M1	Scottish Masters	142.5
9	Karen Towersey	93.7	M2	British Masters	140
10	Caroline Mina Henderson	98.2	M1	Scottish Masters	140
11	Doreen Blainey	100.9	M2	Scottish Masters	140
12	Lauren Aitchison	102.5	J	Scottish University	140
13	Johanna Swankie	88.8	M2	Scottish Masters	120
14	Naomi Morris	90.5	J	Scottish University	120
15	Kristina Taylor	118.5	S	Western District	85
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Equipped Squat

	Name	Body Weight	Age class	Competition	Total
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Equipped Bench Press (3 lift)

	Name	Body Weight	Age class	Competition	Total
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Equipped Deadlift

	Name	Body Weight	Age class	Competition	Total
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