

February 10th 2019

Eastern District 2019 - Men (Elysium, Edinburgh)

Name	Team	Div	Bwt - kg	IPF Wt Cts	Birth Year	Category	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	Total	Place	IPF Points	Events Entered
Robin Stewart	Unattached	M-SJ	58.20	59	2003	Classic	107.5	145.0 115.0	60.0	67.5	72.5	120.0	130.0	140.0	312.5	1	366.82	PL	
Michael Morris	Prodigy Powerlifting	M-S	65.60	66	1992	Classic	165.0	175.0	185.0	112.5	117.5	120.0	216.0	216.0	215.0	510.0	1	590.00	PL
Hamish Ballantyne	GUWVC	M-S	64.70	66	1998	Classic	155.0	165.0	172.5	115.0	120.0	126.0	190.0	200.0	212.5	505.0	GUEST	589.94	PL
Graeme Johnstone	Unattached	M-S	63.40	66	1991	Classic	125.0	135.0	142.5	75.0	82.5	82.5	170.0	180.0	185.0	402.5	2	460.95	PL
Benjamin Hemmati	Unattached	M-SJ	65.10	66	2001	Classic	122.5	130.0	135.0	90.0	95.0	100.0	150.0	160.0	167.5	390.0	3	434.13	PL
Etienne La	Unattached	M-M1	72.70	74	1976	Classic	180.0	190.0	195.0	110.0	120.0	122.5	230.0	245.0	250.0	565.0	1	612.39	PL
Mike McQuade	LIFT	M-S	71.20	74	1984	Classic	142.5	152.5	157.5	100.0	105.0	107.5	192.5	205.0	210.0	472.5	2	506.41	PL
James Beckwith	Unattached	M-S	67.00	74	1987	Classic	130.0 140.0	160.0	80.0	90.0	100.0	160.0	170.0	180.0	410.0	GUEST	449.86	PL	
Ciar White	Unattached	M-SJ	70.40	74	2001	Classic	125.0	132.5	140.0	75.0	80.0	85.0	140.0	150.0	162.5	375.0	3	388.07	PL
Dean McVie	Hostile Strength & Conditioning	M-S	81.20	83	1990	Classic	220.0	230.0	246.0 145.0	160.0	160.0	230.0	240.0	250.0	625.0	1	634.27	PL	
John Wright	AUWC	M-J	80.60	83	1997	Classic	205.0	215.0	226.0	137.5 137.5	142.5	230.0	240.0	242.5	592.5	2	600.01	PL	
Ahren White	Edinburgh Barbell	M-S	81.40	83	1989	Classic	185.0	200.0	210.0	110.0	117.5	125.0	220.0	230.0	235.0	570.0	3	570.06	PL
Duncan Keith	Unattached	M-S	81.70	83	1988	Classic	180.0	190.0	200.0	105.0	110.0	112.5	220.0	240.0	250.0	562.5	4	560.00	PL
Andy Heywood	Unattached	M-S	82.70	83	1981	Classic	180.0	192.5	200.0	115.0	125.0	136.0	190.0	200.0	210.0	535.0	5	524.00	PL
Sam Ingleton	Cast Iron Strength	M-J	82.30	83	1996	Classic	155.0	165.0	175.0	105.0	110.0	115.0	230.0	240.0	250.0	530.0	6	520.08	PL
Samuel Marchbank	AUWC	M-J	79.40	83	1998	Classic	185.0	195.0	200.0	107.5	112.5	115.0	200.0	210.0	215.0	525.0	7	527.69	PL
Raymarc Japson	Forge Powerlifting	M-J	78.80	83	2000	Classic	170.0	180.0	180.0	125.0	130.0	130.0	180.0	190.0	205.0	505.0	8	507.16	PL
Michael Sinclair	Unattached	M-S	81.10	83	1991	Classic	150.0	155.0	162.5	125.0	130.0	132.5	180.0	190.0	200.0	492.5	9	482.37	PL
Alexander Campbell	Warehouse Gym	M-S	77.30	83	1988	Classic	160.0	175.0	180.0	105.0	110.0	110.0	170.0	182.5	190.0	475.0	10	478.77	PL
Gary Riddell	Unattached	M-S	81.80	83	1985	Classic	150.0	160.0	160.0	100.0	110.0	115.0	180.0	190.0	200.0	470.0	11	453.66	PL
Shaun Beattie	Unattached	M-S	82.90	83	1989	Classic	152.5	160.0	165.0	100.0	105.0	107.5	180.0	190.0	200.0	460.0	12	437.97	PL
Tobias Schumacher	AUWC	M-S	74.10	83	1994	Classic	125.0	135.0	145.0	85.0	95.0	102.5	170.0	185.0	205.0	432.5	GUEST	442.43	PL
Antoin Penrose	Elysium	M-S	93.00	93	1995	Classic	220.0	230.0	240.0	140.0	147.5	150.0	225.0	237.5	250.0	640.0	1	595.15	PL
Callum Annard	BSPT	M-S	90.70	93	1990	Classic	210.0	220.0	230.0	145.0	157.5	162.5	225.0	242.5	255.0	637.5	2	602.21	PL
Frazer Rennie	Unattached	M-S	92.60	93	1989	Classic	205.0	212.5	220.0	165.0	160.0	167.5	205.0	215.0	225.0	605.0	3	559.57	PL
Nick Anderson	BSPT	MOS	91.90	93	1988	Classic	200.0	210.0	215.0	107.5	115.0	120.0	227.5	240.0	250.0	565.0	4	519.60	PL
Mark Ritchie	LIFT	M-S	91.90	93	1980	Classic	195.0	205.0	212.5	115.0	117.5	120.0	210.0	227.5	235.0	565.0	5	519.60	PL
Liam Rafferty	Cast Iron Strength	M-S	91.50	93	1991	Classic	180.0	200.0	202.5	130.0	135.0	140.0	222.5	225.0		557.5	6	513.06	PL
Ehmer Aziz	Unattached	M-S	91.30	93	1990	Classic	165.0	172.5	180.0	105.0	110.0	115.0	230.0	240.0	250.0	545.0	7	500.40	PL
James Anderson	Unattached	M-S	91.50	93	1985	Classic	180.0	190.0	195.0	120.0	130.0	137.5	210.0	220.0	230.0	545.0	GUEST	499.67	PL
Christopher Fraser	Unattached	M-S	89.00	93	1990	Classic	170.0	180.0	190.0	120.0	130.0	135.0	180.0	200.0	210.0	535.0	8	498.15	PL
Greg Park	Elysium	M-J	91.30	93	1999	Classic	150.0	160.0	170.0	110.0	120.0	130.0	185.0	200.0	210.0	510.0	9	462.86	PL
Aaron Tate	Gray Mania Fitness	M-J	87.30	93	1998	Classic	150.0	160.0	170.0	110.0	120.0	125.0	190.0	200.0	212.5	490.0	10	455.19	PL
Gwilym Short	AUWC	M-J	91.10	93	1996	Classic	140.0	150.0	160.0	105.0	110.0	115.0	190.0	200.0	205.0	460.0	11	409.84	PL
Joe Kimpton	GUWVC	M-J	91.60	93	1997	Classic	130.0	140.0	150.0	90.0	95.0	97.5	180.0	200.0	212.5	457.5	GUEST	405.63	PL
William Clarke	Unattached	M-J	87.10	93	1999	Classic	140.0	152.5	160.0	95.0	102.5	107.5	155.0	170.0	180.0	452.5	GUEST	414.58	PL
John Cairns	Unattached	M-S	90.10	93	1982	Classic	130.0	140.0	150.0	85.0	95.0	100.0	160.0	170.0	180.0	425.0	12	375.15	PL
Darcy McNeill	AUWC	M-J	83.40	93	1996	Classic	130.0	137.5	142.5	90.0	102.5	107.5	150.0	157.5	165.0	407.5	13	376.70	PL
Kelvin Stephen	WGA	M-S	92.50	93	1991	Classic	130.0	140.0	145.0	82.5	87.5	90.0	162.5	172.5	180.0	400.0	14	341.69	PL
Lewis Kaye	LIFT	M-S	88.70	93	1993	Classic	185.0	200.0	205.0	137.5	150.0	160.0	200.0	215.0	227.5	0.0	-	0.00	PL
Andrew Forbes	ATS	M-S	104.50	105	1989	Classic	250.0	257.5	265.0	150.0	160.0	160.0	255.0	265.0	275.0	680.0	1	593.04	PL
Michal Martin	Unattached	M-S	104.10	105	1995	Classic	210.0	222.5	230.0	132.5	140.0	142.5	235.0	250.0	260.0	620.0	2	534.54	PL
Tom Barrack	Edinburgh Barbell	M-S	103.00	105	1989	Classic	220.0	235.0	242.5	125.0	135.0	142.5	240.0	260.0	260.0	617.5	3	535.54	PL
William Coulter	Unattached	M-J	100.70	105	1997	Classic	210.0	210.0	220.0	105.0	112.5	120.0	220.0	230.0	240.0	580.0	4	505.01	PL
Ross Cairney	Warehouse Gym	M-S	102.20	105	1985	Classic	180.0	190.0	200.0	115.0	122.5	127.5	210.0	220.0	230.0	557.5	5	477.66	PL
Warren Easton	ATS	M-M2	100.70	105	1968	Classic	190.0	200.0	210.0	80.0	90.0	100.0	210.0	230.0	240.0	550.0	6	474.53	PL
Andrew Greig	Powerzone	M-S	102.80	105	1985	Classic	150.0	160.0	160.0	100.0	110.0	120.0	150.0	180.0	200.0	460.0	7	377.95	PL
Christian Chernev	AUWC	M-J	98.20	105	1996	Classic	140.0	150.0	155.0	80.0	85.0	90.0	150.0	160.0	165.0	405.0	8	332.90	PL
Robbie Mercer	ATS	M-S	115.40	120	1991	Classic	240.0	250.0	260.0	160.0	170.0	180.0	230.0	240.0	255.0	695.0	1	573.42	PL
Dale Murray	Unattached	M-J	118.60	120	1996	Classic	212.5	225.0	235.0	140.0	150.0	162.5	275.0	290.0	300.0	685.0	2	555.16	PL
Stuart Graham	Unattached	M-S	148.00	120+	1991	Classic	265.0	275.0	285.0	172.5	182.5	187.5	290.0	310.0	320.0	777.5	1	569.62	PL
Paul Walker	Apex Strength & Conditioning	M-M1	129.70	120+	1979	Classic	235.0	252.5	260.0	142.5	157.5	165.0	240.0	255.0	272.5	680.0	2	523.51	PL
Douglas Beveridge	Unattached	M-S	128.80	120+	1993	Classic	180.0	200.0	210.0	110.0	120.0	130.0	210.0	230.0	250.0	550.0	3	408.97	PL

Referees:	
John Soulsby	Jim Mutrie
Rowan Hendry-Horne	Lynda Banks

Scottish Sub-Junior Record
Scottish Masters Record
Best Lifter