

January 27th 2019

Scottish Northern Districts 2019 (Gym 300 Inverness)

Name	Team	Div	BW	Weight Class	Category	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	Sub Total	DL-1	DL-2	DL-3	Total	Place	IPF Points	Events Entered
Jordan Wemyss	Strongteam	F-J	61.60	63	Classic	100.0	105.0	110.0	72.5	75.0	77.5	187.5	100.0	105.0	110.0	297.5	1	517.83	PL
Susanne Erbida	Unattached	F-M1	59.40	63	Classic	85.0	92.5	97.5	45.0	-47.5	-47.5	142.5	140.0	145.0	-152.5	287.5	2	508.16	PL
Allison Horne	Highland Barbell Club	F-J	68.20	72	Classic	95.0	100.0	105.0	55.0	60.0	-62.5	165.0	125.0	135.0	-145.0	300.0	1	499.35	PL
Eimear McCabe	Unattached	F-S	71.00	72	Classic	-87.5	95.0	100.0	47.5	52.5	-57.5	152.5	95.0	-102.5	-102.5	247.5	2	403.74	PL
Victoria Radcliffe	Forge Gym	F-S	80.20	84	Classic	117.5	125.0	130.0	70.0	72.5	75.0	205.0	172.5	182.5	190.0	395.0	1	615.47	PL
Veronica Rose	Forge Gym	F-S	74.50	84	Classic	100.0	-110.0	-110.0	47.5	52.5	55.0	155.0	115.0	120.0	-130.0	275.0	G	385.83	PL
Tracy Brown	Unattached	F-M1	86.50	84+	Classic	132.5	140.0		62.5	67.5	-70.0	207.5	147.5	155.0	160.0	367.5	1	555.79	PL
Lisa Jenkins	Gym 300	F-S	115.90	84+	Classic	-90.0	90.0	100.0	40.0	50.0	55.0	155.0	100.0	110.0	125.0	280.0	2	387.47	PL
Duncan Collard	Strongteam	M-S	63.20	66	Classic	145.0	155.0	-160.0	82.5	85.0	87.5	242.5	160.0	170.0	180.0	422.5	1	489.35	PL
Darryn Wright	Gym 300	M-S	82.50	83	Classic	170.0	172.5	200.0	125.0	135.0	140.0	340.0	250.0	280.0	290.0	630.0	1	633.05	PL
Michael Perera	Gym 300	M-M2	81.40	83	Classic	145.0	152.5	-155.0	100.0	105.0	-107.5	257.5	175.0	180.0	-182.5	437.5	2	417.96	PL
Craig Smith	Highland Barbell Club	M-S	91.70	93	Classic	212.5	225.0	232.5	132.5	-145.0	145.0	377.5	250.0	265.0	-267.5	642.5	1	603.27	PL
Joshua Brannan	Unattached	M-J	88.70	93	Classic	120.0	130.0	-140.0	-70.0	85.0	100.0	230.0	160.0	175.0	190.0	420.0	2	373.86	PL
Rickie Craib	Gym 300	M-S	87.50	93	Classic	115.0	125.0	130.0	75.0	80.0	85.0	215.0	150.0	175.0	195.0	410.0	3	366.52	PL
Reece Byrne	Gym 300	M-S	90.90	93	Classic	147.5	157.5	170.0	125.0	135.0	142.5	312.5	160.0	172.5	187.5	500.0	G	411.61	PL
Scott MacAlpine	Unattached	M-S	104.60	105	Classic	250.0	265.0	275.0	160.0	-175.0	175.0	450.0	280.0	300.0	-320.0	750.0	1	662.37	PL
Scott Simon	Unattached	M-M1	103.60	105	Classic	235.0	242.5	250.0	180.0	187.5	-192.5	437.5	250.0	260.0	270.0	707.5	2	623.67	PL
Alister Mackintosh	Strongteam	M-S	102.40	105	Classic	205.0	215.0	220.0	127.5	132.5	-137.5	352.5	230.0	250.0	-267.5	602.5	3	522.38	PL
Etienne Els	Forge Gym	M-S	118.10	120	Classic	230.0	240.0	245.0	130.0	145.0	-155.0	390.0	210.0	220.0	230.0	620.0	1	495.71	PL
Graeme Reid	Life and Sole Fitness	M-M1	126.60	120+	Equipped				177.5	180.0	185.0					185.0	1	462.39	BP

Referees:

Alex Mathieson
Sophie Barringer

Melissa Wall
Lynda Banks

Scottish Open Record

Scottish Masters Record

Best Lifter