

07/14/19	Scottish Powerlifting Junior and Sub-Junior Championships 2019 (Elysium Edinburgh)																
Name	Club	Division	Bodyweight	Weight Class	Contest	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	Total	Place	IPF Points
Dayna Smith	Raw 3.0	u18	56.80	57	Classic	105.0	113.0	115.0	50.0	56.0	-	125.0	135.0	140.0	311.0	1	563.87
Sophie Hutchison	The Weights Room Cambustlang	u23	56.20	57	Classic	97.5	102.5	107.5	47.5	50.0	-62.5	112.5	122.5	130.0	287.5	1	521.76
Lisa Begg	Strathclyde Uni Powerlifting	u23	54.90	57	Classic	92.5	97.5	102.5	52.5	-65.0	-65.0	122.5	127.5	130.0	285.0	2	522.94
Jodie Ainslie	RGUWC	u23	56.90	57	Classic	92.5	97.5	-105.0	50.0	52.5	-65.0	107.5	115.0	122.5	272.5	3	490.08
Annie Nelson	MARRvellous Fitness	u23	62.50	63	Classic	110.0	120.0	-125.0	-62.5	-65.0	65.0	140.0	160.0	165.0	350.0	1	608.56
Lauren Cory	You Stronger	u23	61.60	63	Classic	90.0	100.0	-105.0	50.0	55.0	57.5	137.5	150.0	160.0	317.5	2	554.02
Katrine Tuft	Athena	u23	63.00	63	Classic	97.5	102.5	107.5	60.0	65.0	-67.5	132.5	137.5	142.5	315.0	3	543.80
Bianca Mourik	Unattached	u23	61.60	63	Classic	107.5	115.0	120.0	50.0	55.0	-67.5	132.5	-140.0	-140.0	307.5	4	535.93
Amy Craig	Edinburgh Barbell	u23	61.80	63	Classic	107.5	112.5	120.0	55.0	57.5	60.0	-120.0	125.0	-135.0	305.0	5	530.61
Michelle Bauer	Unattached	GUEST	63.00	63	Classic	110.0	-	-	60.0	-	-	160.0	-	-	330.0	-	570.56
Hana Blanchfield	AUWC	u23	72.00	72	Classic	90.0	100.0	105.0	47.5	52.5	57.5	95.0	107.5	115.0	277.5	1	451.09
Jane Ambler	Unattached	u23	70.00	72	Classic	70.0	77.5	82.5	50.0	57.5	60.0	85.0	90.0	95.0	237.5	2	389.17
Samantha Edgar	AUWC	u23	81.90	84	Classic	135.0	145.0	-160.0	60.0	65.0	67.5	170.0	180.0	-185.0	392.5	1	606.32
Mairi Scobie	Lift Gyms UK	u23	83.50	84	Classic	125.0	-132.5	135.0	70.0	75.0	-77.5	160.0	167.5	-170.0	377.5	2	578.75
Louise French	W10 Strength	u23	81.00	84	Classic	130.0	-140.0	-140.0	65.0	67.5	-70.0	155.0	-162.5	162.5	360.0	3	558.86
Emmanuelle Acs	Unattached	u23	83.60	84	Classic	107.5	-112.5	112.5	37.5	40.0	42.5	115.0	-122.5	-122.5	270.0	4	415.12
Ella Gibbs	W10 Strength	u23	104.20	84+	Classic	145.0	152.5	160.0	-90.0	95.0	-100.0	160.0	170.0	-180.0	425.0	1	597.50
Mollie Dickie	Unattached	u23	93.90	84+	Classic	-115.0	115.0	-125.0	55.0	57.5	-60.0	120.0	130.0	-140.0	302.5	2	445.72
Eva Hunter	Glasgow Fitness Training	GUEST	85.00	84+	Classic	115.0	-120.0	120.0	65.0	-	-70.0	145.0	155.0	-165.0	340.0	-	518.17
Matthew Walker	Unattached	u18	57.30	59	Classic	97.5	105.0	115.0	75.0	-80.0	-80.0	130.0	137.5	140.0	330.0	1	397.86
Ciar White	Unattached	u18	69.20	74	Classic	127.5	137.5	147.5	77.5	82.5	-87.5	162.5	172.5	182.5	412.5	1	441.35
Kieran Mellon	Unattached	u23	72.70	74	Classic	200.0	212.5	217.5	120.0	125.0	-130.0	205.0	220.0	-230.0	562.5	1	609.30
Joss Thomson	The Shed Barbell Club	u23	71.80	74	Classic	170.0	185.0	-190.0	90.0	97.5	-100.0	200.0	217.5	225.0	507.5	2	546.64
Lewis Irvine	Everyday Athlete	u23	72.60	74	Classic	150.0	160.0	-167.5	85.0	90.0	-92.5	155.0	165.0	-172.5	415.0	3	427.90
Sam Henderson	Unattached	u23	73.30	74	Classic	135.0	142.5	147.5	100.0	-105.0	-107.5	155.0	160.0	165.0	412.5	4	421.63
Matthew Dall	Prodigy Strength Coaching	u23	73.20	74	Classic	125.0	132.5	140.0	90.0	95.0	100.0	152.5	162.5	-165.0	402.5	5	409.80
Stephane Thomas	W10 Strength	u18	81.70	83	Classic	160.0	165.0	170.0	105.0	110.0	112.5	170.0	177.5	185.0	467.5	1	451.20
Nathan Walker	Unattached	u18	81.30	83	Classic	130.0	145.0	-160.0	110.0	-117.5	-117.5	160.0	170.0	175.0	430.0	2	409.72
Callum Field	Strathclyde Uni Powerlifting	u23	82.10	83	Classic	185.0	195.0	205.0	135.0	-140.0	-147.5	235.0	245.0	-255.0	585.0	1	583.78
Raymarc Japson	Forged Powerlifting	u23	78.00	83	Classic	180.0	190.0	200.0	122.5	-130.0	-130.0	200.0	215.0	215.0	537.5	2	549.25
Shaun Donohoe	Unattached	u23	79.80	83	Classic	185.0	195.0	-205.0	100.0	105.0	-110.0	205.0	225.0	225.0	525.0	3	525.79
Jay McManus	Unattached	u23	78.50	83	Classic	160.0	170.0	-175.0	110.0	117.5	-120.0	215.0	225.0	-235.0	512.5	4	517.37
Hamish Styles	Forged Powerlifting	u23	81.60	83	Classic	145.0	155.0	160.0	82.5	90.0	-95.0	190.0	205.0	-215.0	455.0	5	437.27
Murdo McNamee	Unattached	u23	74.80	83	Classic	-130.0	130.0	-140.0	70.0	75.0	80.0	140.0	150.0	160.0	370.0	6	363.59
Rhys Lambert	Strathclyde Uni Powerlifting	u18	90.60	93	Classic	162.5	172.5	182.5	117.5	125.0	130.0	180.0	190.0	-195.0	502.5	1	457.19
Ross Sutherland	Unattached	u18	88.30	93	Classic	125.0	135.0	145.0	105.0	110.0	115.0	175.0	185.0	200.0	460.0	2	418.81
Calum Graham	Unattached	u18	91.00	93	Classic	110.0	120.0	130.0	105.0	110.0	-112.5	157.5	170.0	180.0	420.0	3	367.16
Lewis Young	The Shed Barbell Club	u23	91.50	93	Classic	220.0	-235.0	235.0	135.0	145.0	150.0	210.0	230.0	-240.0	615.0	1	574.67
Greg Park	Cast Iron Strength	u23	89.70	93	Classic	170.0	180.0	190.0	125.0	132.5	-137.5	200.0	-215.0	215.0	537.5	2	498.23
Aaron Tate	Gray Mania Fitness	u23	91.00	93	Classic	165.0	175.0	180.0	125.0	130.0	-135.0	200.0	210.0	215.0	525.0	3	480.01
Noah Stern	Unattached	u23	89.10	93	Classic	160.0	172.5	-180.0	145.0	-155.0	-155.0	150.0	170.0	190.0	507.5	4	467.86
Alasdair Wilson	Unattached	u18	103.30	105	Classic	220.0	228.0	-238.0	120.0	125.0	-127.5	260.0	-273.0	-273.0	613.0	1	530.07
Robert Liddle	Unattached	u18	106.60	120	Classic	-160.0	-160.0	160.0	90.0	-105.0	-105.0	180.0	185.0	195.0	445.0	1	354.38
Lewis Kelly	St Andrews University	u23	104.60	105	Classic	-235.0	235.0	-245.0	145.0	150.0	157.5	270.0	285.0	300.0	692.5	1	605.14
Kyle Love	Unattached	u23	97.80	105	Classic	185.0	200.0	205.0	120.0	130.0	-132.5	230.0	240.0	245.0	580.0	2	514.46
Alexanderr Hamilton	Kilmarnock Weightlifting Club	u23	99.50	105	Classic	230.0	240.0	245.0	-190.0	100.0	107.5	220.0	-235.0	-235.0	572.5	3	501.18
Matthew Grierson	The Shed Barbell Club	u23	108.20	120	Classic	200.0	212.5	220.5	105.0	-112.5	-112.5	230.0	245.0	-252.5	570.5	1	473.71

Referees

Platform Team

Table Team

Jim Mutrie	Martin Boa	Johanna Platt	Will Brown	Ian Macasian
Beth Chinchin	Claire Tocher	Katy Lavery	Joanne Parkin	Catherine Macasian
Rachel Steedman	Matthew Gill	John Soulsby	Robert Love	
Katie Cooke		Arthur Cowley	Arlene Middler	
		GUWC		

Key

- Best Lifter(s)
- Scottish u23 Record
- Scottish u18 Record
- British u18 Record