

19/01/2020

Scottish Powerlifting Eastern Districts 2020 (Day Two - Women's) @ Elysium Edinburgh

Name	Team	Bodyweight	Weight Class	Contest	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	Total	Place	IPF Points
Ishbel Stuart	Warehouse Gym Arbroath	56.60	57	Classic	-97.5	-97.5	97.5	55.0	57.5	-60.0	120.0	125.0	-130.0	280.0	1	505.64
Sandhya Bangar	Gray Mania Fitness	52.60	57	Classic	80.0	85.0	-87.5	50.0	-52.5	-52.5	120.0	-130.0	-130.0	255.0	Guest	474.15
Annie Nelson	Team MARRvelous	63.00	63	Classic	130.0	-137.5	-137.5	70.0	72.5	-77.5	172.5	180.0	185.0	387.5	1	673.17
Eilidh Greig	W10 Strength	61.80	63	Classic	110.0	115.0	117.5	62.5	-65.0	-65.0	120.0	130.0	140.0	320.0	2	557.70
Elizabeth Simmonds	Unattached	61.60	63	Classic	95.0	102.5	110.0	55.0	60.0	-65.0	130.0	137.5	145.0	315.0	3	549.50
Melanie Nocher	Athena Army - Elysium	62.90	63	Classic	87.5	-90.0	90.0	57.5	60.0	-62.5	130.0	135.0	140.0	290.0	4	499.54
Chloe Alcorn	Xross Fight	61.50	63	Classic	85.0	-92.5	-95.0	47.5	52.5	-67.5	130.0	137.5	145.0	282.5	5	491.05
Laura Fairgrieve	Unattached	62.30	63	Classic	97.5	-105.0	105.0	47.5	52.5	-55.0	107.5	112.5	120.0	277.5	6	479.23
Kristel Sepp	Athena Army - Elysium	62.00	63	Classic	80.0	85.0	-90.0	47.5	50.0	-52.5	117.5	125.0	130.0	265.0	7	457.73
Kath Paterson	Athena Army - Elysium	62.50	63	Classic	75.0	80.0	85.0	37.5	40.0	-42.5	115.0	120.0	125.0	250.0	8	429.24
Lorna Kemp	Unattached	61.20	63	Classic	80.0	85.0	87.5	37.5	40.0	-42.5	95.0	105.0	-110.0	232.5	9	401.29
Sam Ella	ATS	71.10	72	Classic	120.0	-127.5	127.5	52.5	57.5	60.0	130.0	140.0	150.0	337.5	1	552.99
Monika Gostić	Forged Powerlifting	70.80	72	Classic	110.0	120.0	-125.0	-57.5	62.5	-65.0	130.0	145.0	152.5	335.0	2	549.84
Aimie Caldwell	Unattached	69.30	72	Classic	120.0	130.0	-137.5	65.0	-70.0	70.0	125.0	-132.5	-137.5	325.0	3	538.12
Nicola Harcus	Unattached	71.20	72	Classic	107.5	112.5	-117.5	62.5	-67.5	-67.5	125.0	135.0	140.0	315.0	4	515.32
Kristina Dunkhase	Elysium	69.80	72	Classic	95.0	100.0	105.0	65.0	-67.5	67.5	120.0	130.0	140.0	312.5	5	515.47
Bethany Winkler	Athena Army - Elysium	70.80	72	Classic	105.0	-110.0	-112.5	57.5	60.0	62.5	132.5	137.5	145.0	312.5	6	512.38
Katie Goudie	Cast Iron Strength	66.90	72	Classic	92.5	97.5	102.5	57.5	60.0	62.5	120.0	130.0	140.0	305.0	7	512.09
Natasha Wehrle	Raw 3.0	71.30	72	Classic	100.0	112.5	120.0	50.0	52.5		120.0	130.0	-140.0	302.5	8	494.29
Jennifer Archibald	ThinkFit	70.00	72	Classic	90.0	95.0	-100.0	47.5	-52.5	-52.5	110.0	120.0	130.0	272.5	9	447.82
Sharlotte Patterson	ThinkFit	66.90	72	Classic	85.0	90.0	-95.0	50.0	-55.0	55.0	110.0	120.0	-125.0	265.0	10	443.26
Martha Reynolds	Elysium	64.70	72	Classic	80.0	85.0	90.0	42.5	45.0	-47.5	105.0	110.0	-115.0	245.0	11	414.35
Florence Pilcher	Athena Army - Elysium	67.70	72	Classic	77.5	82.5	85.0	40.0	42.5	45.0	100.0	105.0	110.0	240.0	12	398.40
Lauren Rawstron	Athena Army - Elysium	79.90	84	Classic	-120.0	120.0	125.0	52.5	55.0	-57.5	140.0	152.5	-160.0	332.5	1	519.15
Deana Glencross	Raw 3.0	81.00	84	Classic	100.0	115.0	-125.0	55.0	-60.0	-62.5	130.0	140.0	152.5	322.5	2	500.92
Lucy Stewart	Gray Mania Fitness	79.30	84	Classic	110.0	115.0	120.0	55.0	60.0	62.5	120.0	130.0	-137.5	312.5	3	489.45
Megan Marshall	Dundee Strength Unit	80.20	84	Classic	-90.0	100.0	110.0	-50.0	-52.5	52.5	120.0	125.0	135.0	297.5	4	464.02
Maddy Grant	ThinkFit	80.20	84	Classic	102.5	107.5	-110.0	55.0	-57.5	-57.5	120.0	127.5	-137.5	290.0	5	452.36
Michelle Goonewardena	Athena Army - Elysium	77.30	84	Classic	100.0	105.0	110.0	47.5	50.0	52.5	110.0	115.0	122.5	285.0	6	450.79
Xiaofeng Ren	Unattached	77.80	84	Classic	67.5	70.0	77.5	40.0	42.5	-47.5	77.5	82.5	-87.5	202.5	7	319.40
Lana Cheyne	Dynamix (DHF)	72.50	84	Classic	120.0	127.5	-132.5	65.0	70.0	-72.5	130.0	140.0	-145.0	337.5	Guest	548.39
Helen Ferguson-Ford	MB Fitness	125.70	84+	Classic	165.0	180.0	-190.0	80.0	-85.0	90.0	165.0	180.0	190.0	460.0	1	604.02
Lucy Barrowman	ATS	99.00	84+	Classic	100.0	107.5	115.0	52.5	60.0	-65.0	135.0	145.0	150.0	325.0	2	469.27
Senga Restorick	Cast Iron Strength	100.30	84+	Classic	105.0	112.5	120.0	57.5	62.5	-65.0	110.0	117.5	127.5	310.0	3	446.39
Elizabeth Ness	Pure Gym Waterfront	94.50	84+	Classic	95.0	-105.0	105.0	47.5	-55.0	55.0	120.0	-130.0	130.0	290.0	4	426.90
Caroline Hogg	Unattached	88.00	84+	Classic	90.0	100.0	-107.5	55.0	-60.0	-60.0	120.0	127.5	-130.0	282.5	5	426.34




Referees

Eugene Currie	Beth Chinchin
Claire Tocher	Lynda Banks
Katie Cooke	Rachel Steedman

Table Team

Ian Macaslan
Catherine Macaslan
John Soulsby

Key

Best Lifter	
Scottish Sub Junior Record	
Scottish Open Record	

Platform Team

William Brown	Katy Lavery
Kirsty McCahill	Rachel Mawer
Mairi Scobie	Aaron Tate